

DIGESTIVE ENZYMES for ULTIMATE SKIN HEALTH



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with Amy Rawls
MS, RD, LD, FMNS, CGN



Q&A from August 2021 Live Webinar Amy Rawls, MS, RD, LD, FMNS, CGN

Are you saying eEnzymes do not heal the issue? You need to continue taking them even after you see improvement?

A lot of the time the root of a skin health issue is impaired digestion. So yes, enzymes are a big part of the resolution as they support complete digestion of the foods that are creating the toxicity and inflammation that is showing up in the skin. We have learned that if you go back to what you were doing before you got better, you will most likely end up in the same boat. So we have a [maintenance protocol](#) that we move people to once the skin calms down. Every case is different. For example, when *H. pylori* is the cause, we can eradicate the *H. pylori* and manage with proper diet, probiotics, and still encourage digestive support. You have to think of the body as a whole, and that means nutrition comes first, i.e., proper digestion and acquisition of nutrients. And then, secondly, we need to maintain the body's 11 systems. Remember the Ripple Effect – Digestion, Nutrients, Repair, Wellness.

What type of stool test do you use?

I used to primarily use the GI-MAP® from Diagnostic Solutions. However, I am really liking the Gut Zoomer™ from Vibrant America.

I have a little boy with bad eczema. We have done the Thrive in 63, but not much changed. Would RepairZyme help him?

If not much has changed with the [Thrive in 63](#), I would look into a stool test and consider a food sensitivity test next. Yes, [RepairZyme](#) is great to include for tissue repair and redness.

What about if eczema is a result of parasites?

We don't have any parasitic formulas, but we do have a protocol we combine with strong antiparasitics. [TPP Protease](#) is also really good at breaking down their biofilms. If you confirm it is parasites, you still need to support proper breakdown of food so that you take away the parasite's food source. The proteolytic enzymes in [TPP Protease](#) also support the immune system in finding them and breaking through the biofilms.

Any experience with canker sores?

If the cause is viral I use L-lysine, which is in our [TPP Immune AV](#) formula. It depends on the cause. Often the canker sores are stress induced, so I may work on managing stress and give a supplement such as [CalmZyme](#) or [ReZEN](#).

How long would you cycle in the Additional Support products?

Every case is different. I think a good starting place is 3 months.

Can you use L-Drain and Super CellZyme on a detox elimination diet cleanse?

Yes, absolutely. [L-Drain](#) is a concentrated, rapidly assimilated liquid product with herbal extracts known to assist lymphatic drainage. [Super CellZyme](#) is more of a natural whole food supplement with a healthy balance of nutrients in bio-available form allowing them to be better absorbed.

What is the difference between Protease and Protease 375K?

[TPP Protease](#) is stronger, contains calcium as a buffer for improved tolerance, and includes bromelain. [TPP Protease 375K](#) is our second strongest proteolytic/systemic formula, contains no calcium, and includes no bromelain or papain. Both are great options, but I tend to use [TPP Protease](#) the most.

Could an elderly person take the Kidz Digest Chewable?

Yes, absolutely. Although [Kidz Digest Chewable](#) is part of our Zymes 4 Kidz™ product line, it is a great chewable tablet for all ages if someone has difficulty swallowing capsules and wants the convenience of not taking the [Powdered DigestZyme](#) / [Kidz Digest Powder](#) formula.

Any experience with vitiligo and digestive enzymes?

Yes, we do have a protocol for Vitiligo. Dr. Fuller has worked with that condition before, although I have not personally. Our approach is essentially to support the immune system and reduce inflammation, since it is technically an auto-immune condition. The role of enzymes in alleviating auto-immune disorders involves clearing persistent immune complexes, controlling inflammation, enhancing blood flow, and removing necrotic tissue.

Where can we purchase the protocol book?

Please call the office at 1-800-777-1474 or email orders@tecenzymes.com to order a copy. We do not have it available on the website.

What do you recommend if the patient has diarrhea?

We have a protocol for diarrhea. Feel free to email me at arawls@tecenzymes.com to set up a call to go over this protocol together. It basically involves our foundation protocol which is the [Healthy Gut Program](#) consisting of digestive, proteolytic, and probiotic formulas. In this case we can substitute our [TPP Transbiotic™](#) as the probiotic option due to the *B. subtilis* and its known role in alleviating diarrhea. And we will also want to use [GastroZyme](#) to calm down the inflammation and reduce discomfort below the navel.

Great presentation Amy! Will we be able to get a link to this program to review?

Yes, you can watch this webinar along with our other archives and sign up for upcoming webinars by visiting www.sys-11.com.

Would you send us the protocols?

Yes, if you would like protocols please email arawls@tecenzymes.com.