

CALMZyme

Transformation's product that feeds and fortifies the nervous system to assist with stress management, anxiety, and sleep

This formula is an herbal and enzyme blend that helps support normal moods and promote calmness and relaxation. As the name implies, it helps calm the system and slow mental "chatter." This is the perfect, non-habit forming, natural solution for anxiety, insomnia, and stress disorders.

Product Highlights

- Enzymes for enhanced utilization of ingredients
- Herbs known for their calming properties

In general, herbal formulas are not recommended during pregnancy and lactation or for children 12 years or younger. Each case should be assessed on an individual basis and the practitioner, along with the patient, may use their professional judgment and decide to use it.

SUPPLEMENT FACTS	
Serving Size 1 Capsule	
Amount Per Serving	% Daily Value
Enzyme Proprietary Blend	21 mg
Amylase	2,500 DU †
Protease	3,600 HUT †
Cellulase	160 CU †
Lipase	25 FIP †
Valerian Root Extract	105 mg †
Hops Strobile (flower)	77 mg †
Skullcap (herb)	75 mg †
Wild Lettuce (leaf)	25 mg †

† Daily Value not established
Other Ingredients: Vegetable Capsule (Hyromellose, Water)

Clinical Applications

- Sleep support
- Hypertension
- Anxiety / ADD disorders
- Inability to focus or stay focused / hyperactivity
- Migraines and stress headaches
- Adrenal fatigue
- Stressful lifestyle

For Your Information

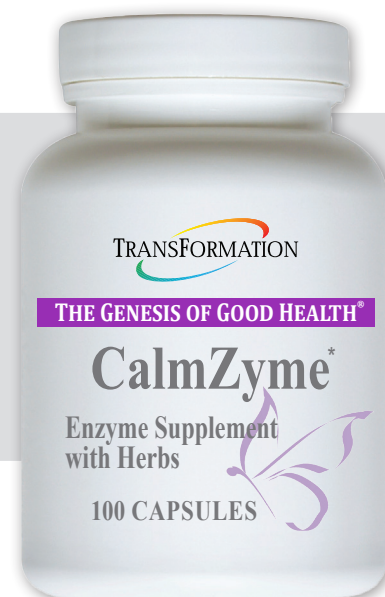
- Valerian and Skullcap contain a number of compounds that promote calmness by increasing GABA availability in the body and interacting with receptors involved in mood and sleep
- Hops are classified as a nervine, an herb that soothes the nervous system—primarily a calming agent, nervines are usually used to treat problems of restlessness, nervousness, or anxiety including sleep disruption that involves waking in the night, a classic insomnia pattern
- Wild Lettuce aids in relaxing the body, useful in the treatment of insomnia and anxiety by producing a euphoric, dreamy effect making it much easier to drop off to sleep
- Valerian root has strong odor
- Can be given to pets for anxiety

Dosage

- Maintenance: 1 capsule between meals and/or before bed
- 2-3 capsules during the day for stress / anxiety
- 3 capsules at bedtime to help with restful sleep
- Not recommended for those already taking prescription medications that contain valium or derivatives of valerian root

⚠ WARNING: Lead - Cancer and Reproductive Harm - www.P65Warnings.ca.gov

This product has been identified as containing naturally-occurring lead that exceeds California Proposition 65 lead levels.



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