



CELLULAR NUTRITION

The cell is the fundamental unit of life and needs essential nutrients like vitamins, minerals, amino acids, fatty acids, and antioxidants to produce energy, repair itself, and stay protected. Without proper nutrients, cells can malfunction or die. Reducing inflammation, clearing damaged proteins and debris, and supporting the immune system help maintain a healthy environment for cell repair and growth. For cells to get these nutrients, a fully functioning digestive system is essential – since 80-90% of disease begins in the digestive tract, which also acts as the body's first defense against invaders.

- A digestive enzyme formula will help ensure proper digestion of all nutrients helping to maintain cellular health.*
- A protease formula between meals will help promote optimal blood flow, delivery of nutrients to the cell, and removal of waste. Proteases also help maintain healthy inflammation.*
- A probiotic supplement further supports digestion and the immune system while maintaining a healthy gut environment.*

TPP DIGEST	1 cap	with every meal or snack
TPP PROTEASE	1 cap	3 x day between meals
TPP PROBIOTIC	1 cap	at bedtime

Transformation™ offers several formulas for the "sensitive" patient. If needed, you may substitute:

DIGESTZYME	2 caps	with every meal or snack
PUREZYME	2 caps	3 x day between meals
PLANTADOPHILUS	3 caps	at bedtime

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