



# Enzyme Therapy

## CIRCULATION

The cardiovascular system – the heart, the vessels, and the blood – is our body's internal transportation system. The blood is contained in the vessels and pumped by the heart. The blood carries nutrients, oxygen, hormones, and immune mediators to the cells and metabolic waste from the cells. In these efforts, the cardiovascular system plays an important role in maintaining a healthy cellular environment, protecting from disease, promoting healing, and supporting constant communication between the 11 systems of the body. Increased lipids, toxins, and inflammation in the blood stream can negatively affect the blood vessels and decrease circulation in the body. The purpose of enzyme therapy is to address these issues to improve overall circulation in the cardiovascular system.

- A digestive enzyme formula with meals will help ensure proper assimilation of all nutrients to supply the heart with energy, minimize free radical damage, and reduce the risk of plaque or toxins in the blood.\*
- A probiotic supplement further supports digestion and the immune system while maintaining a healthy gut environment.\*
- A protease formula between meals helps promote optimal blood flow and efficient detoxification as well as help manage inflammation, supporting the overall health of the heart, vessels, and blood.\*

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TPP DIGEST	1 cap	with every meal or snack
TPP PROTEASE	2 caps	3 x day between meals
TPP PROBIOTIC	1 cap	at bedtime

Transformation™ offers several formulas for the “sensitive” patient. If needed, you may substitute:

DIGESTZYME	2 caps	with every meal or snack
LYPOZYME	1 cap	with every meal or snack
PUREZYME	3 caps	3 x day between meals
PLANTADOPHILUS	3 caps	at bedtime

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Questions? 1-800-777-1474  
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Additional support formulas you may want to consider for circulation. Dosages are based on therapeutic recommendations and may be decreased for maintenance protocols.

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TPP PROTEASE IFC                      1-2 caps                      3 x day between meals

- This unique formulation of highly active proteolytic enzymes and antioxidants is designed to help regulate inflammation anywhere on or in the body.\*

TPP EFA 1200MG                      2 gelcaps                      daily

- Omega 3 fatty acids are increasingly being used for their effectiveness in the management of cardiovascular disease.\* These essential fatty acids are from fish oil concentrate and are a good source of DHA and EPA omega 3's known for their many health benefits.\*

TPP LYPO                      1-2 caps                      after or between meals

- This therapeutic formula is the product to use for any imbalance of healthy cholesterol, designed to control excess lipoproteins such as LDL in the blood and improve the ratios of LDL/HDL.\* It may also minimize the absorption of dietary cholesterol.\*

TPP GASTRO                      1-2 caps                      with or following meals

- Heartburn and indigestion can be common in individuals with heart disease.\* This comprehensive formulation of herbs, vitamins, antioxidants, and enzymes is designed to soothe GI discomfort and heal damaged mucosa.\* It is excellent for digestive disorders such as reflux, ulcers, and gastritis.\*

SUPER CELLZYME                      2 caps                      2 x day

- Vitamins play an important role in lowering the body's homocysteine levels which helps to reduce the risk of heart disease and stroke. This whole food vitamin/mineral supplement is formulated with enzymes to facilitate the absorption of these nutrients.\*

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