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Enzyme Therapy

ENDOCRINE SYSTEM HEALTH

The endocrine system is comprised of numerous glands distributed throughout the body – the pineal, hypothalamus, pituitary, thyroid, parathyroid, thymus, adrenal, pancreas, ovaries, and testes. These glands produce and secrete hormones into the bloodstream for transport to targeted cells and organs. The endocrine system via hormone messengers is responsible for regulating many vital bodily functions such as reproduction, growth and development, mobilizing body defenses against stressors, maintaining fluid and nutrient balance of the blood, and regulating cellular metabolism and energy production. Keeping this system functioning at optimal levels is of utmost importance for maximum health.

- A digestive enzyme formula with meals will help ensure proper assimilation of all nutrients to support adequate production of hormones.*
- A glandular formula to feed and fortify the endocrine system as a whole.*
- A protease formula between meals will help promote optimal blood flow and efficient delivery of hormones, supporting the overall health of our endocrine system and hormone balance.*
- A probiotic supplement further supports digestion and the immune system while maintaining a healthy gut environment.*

TPP DIGEST	1 cap	with every meal or snack
MASTERZYME**	1 cap	3 x day with food
TPP PROTEASE	2 caps	3 x day between meals
TPP PROBIOTIC	1 cap	at bedtime

Transformation™ offers several formulas for the "sensitive" patient. If needed, you may substitute:

DIGESTZYME	2 caps	with every meal or snack
MASTERZYME**	1 cap	3 x day with food
PUREZYME	2 caps	3 x day between meals
PLANTADOPHILUS	3 caps	at bedtime

**Testing or monitoring of hormone levels is advised with glandular / nutritional hormone therapies.

Questions? 1-800-777-1474
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Additional support formulas you may want to consider for endocrine health. Dosages are based on therapeutic recommendations and may be decreased for maintenance protocols.

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| TPP ADRENAL COMPLEX** | 1-2 cap | 1-3 x day with food |
| <ul style="list-style-type: none">For those needing additional adrenal support, this unique formula nourishes and supports the adrenal glands with glandular tissue, nutrients, herbs, and enzymes. These specific ingredients provide the adrenal glands with what they need to respond effectively to today's stressful lifestyles and help fight the negative effects of stress.* | | |
| TPP THYROID COMPLEX** | 1-2 caps | 1-3 x day with food |
| <ul style="list-style-type: none">The thyroid gland controls the body's metabolic activity level and plays an integral role in enzyme and hormone synthesis. For those needing additional thyroid support, this formula is complete with the nutrients necessary to promote healthy thyroid function.* | | |
| TRANSCENDENCE™ REZEN | 2 caps | 1-2 x day between meals |
| <ul style="list-style-type: none">The release of stress hormones or cortisol can suppress normal levels of reproductive hormones, potentially leading to imbalance of the endocrine system. For those dealing with chronic stress, this supports the nervous system with gentle and natural ingredients to assist the body with its overt and dangerous reactions to stress.* | | |
| CALMZyme | 1-3 caps | between meals and/or before bed |
| <ul style="list-style-type: none">For those needing acute relief from stress and anxiety, this herbal and enzyme blend helps calm the nervous system and slow mental chatter, a natural solution to help with the management of various stress disorders* | | |
| LYPOZYME | 1-2 caps | with every meal |
| <ul style="list-style-type: none">Healthy fats are essential for hormone production and function as certain fats, such as those found in Omega-3 fat sources, aid in the rebuilding of cells and stabilization of hormones. Add this high-lipase formula to DigestZyme following a high-fat meal.* | | |
| TPP EFA 1,200 MG | 2 caps | daily with food |
| <ul style="list-style-type: none">Essential Fatty Acids (EFAs) can be helpful in reducing inflammation and supporting hormonal production, allowing the endocrine system to reduce cortisol which prevents the chain reaction of hormone imbalance.* | | |
| BALANCEZYME PLUS | 2 caps | 3 x day with meals |
| <ul style="list-style-type: none">Insulin resistance can also be a side effect of some types of hormonal imbalance, which may lead to weight gain or other concerns that affect diabetes management. For those experiencing blood sugar abnormalities consider this formula for assisting with both weight loss and glucose management.* | | |

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