

FIBROMYALGIA (FMS)

Research has shown that individuals with fibromyalgia have defects in the neuro-regulatory system and abnormal production of the neurotransmitters serotonin, melatonin, and dopamine along with other chemicals that help control pain, mood, sleep, and the immune system. The lack of sleep compounds the problem, further inhibiting the healing process. Research has also shown that fibromyalgia patients have three times the normal amount of substance "P" in their spinal fluid. That substance tells the body how much pain it feels, which is why these patients feel heightened pain from the slightest touch. The goal of enzyme therapy is to support nutrient acquisition, reduce inflammation, and help balance and regulate the Nervous System and its neurotransmitters.*

- A digestive enzyme formula taken with meals helps support bio-availability of all the nutrients, vitamins, minerals, amino acids, and EFA's necessary in the production of hormones and neurotransmitters.*
- A protease formula between meals helps ensure proper blood flow and supports nervous system communication by helping deliver "messengers," control inflammation and remove toxins.*
- An additional formulation of highly active proteolytic enzymes and antioxidants will help regulate inflammation anywhere on or in the body.*
- A probiotic supplement further supports digestion and promotes timely elimination while maintaining a healthy gut environment.*

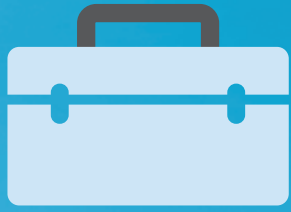
TPP DIGEST	2 caps	with every meal or snack
TPP PROTEASE	2 caps	3 or more x day between meals
TPP PROTEASE IFC	2 caps	3 or more x day between meals
TPP PROBIOTIC	2 caps	at bedtime

Transformation™ offers several formulas for the "sensitive" patient. If needed, you may substitute:

DIGESTZYME	3 caps	with every meal or snack
PUREZYME	3 caps	3 or more x day between meals
TPP PROTEASE IFC	2 caps	3 or more x day between meals
PLANTADOPHILUS	3 caps	at bedtime

Questions? 1-800-777-1474
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Enzyme Therapy

FIBROMYALGIA (FMS)

Additional support formulas you may want to consider for patients with Fibromyalgia. Dosages are based on therapeutic recommendations and may be decreased for maintenance protocols.

GASTROZYME

2-3 caps

with or after meals

- Leaky gut is another condition that is significantly associated with fibromyalgia. It is well known that healing the gut is the key to long-term improvement for fibromyalgia sufferers. This formula focuses on the health and repair of the mucosal lining of the GI tract, effectively providing the body what it needs to heal the gut.*

REPAIRZYME

2 caps

4-5 x day between meals

- Fibromyalgia affects the muscles and soft tissues, causing muscle stiffness and pain. This formula provides necessary building blocks for healthy growth of muscle, skeletal structure, and tissue.*

CALMZYME

1 cap

3 x day (or 3 caps at bedtime)

- The stress from fibromyalgia's pain and fatigue can cause anxiety, poor sleep, and social isolation. This formula is an herbal enzyme blend that feeds and fortifies the nervous system, assisting with stress management and relaxation.* It is the perfect non-habit forming, natural product for insomnia and anxiety.*

SUPER CELLZYME

4 caps

daily

- Nutritional deficiencies make us more prone to increased fatigue, spasms, and pain. For those lacking the ability to consume a balanced, healthy diet, this whole food vitamin and mineral supplement formulated with enzymes can provide the body some of the key nutrients needed to achieve better health and quality of life.*

TPP JOINT HEALTH

1 cap

daily

- Those who suffer from FMS are more prone to joint pain. This formula supplies key nutritional components to support lubrication and flexibility while simultaneously reducing inflammation and pain.*

TPP PROTEASE-CBD

2 caps

with a fatty meal

- Studies suggest that CBD can relieve pain, improve sleep, and reduce refractory pain in people with various conditions linked to chronic pain, including fibromyalgia. This formula uses a combination of CBD isolate along with protease for improved inflammatory control.*

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