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Enzyme Therapy

GASTROESOPHAGEAL REFLUX (GERD)

Reflux is the backflow of the stomach's contents into the esophagus and is often the result of lower esophageal sphincter (LES) incompetence. Gastric juices are very acidic and can damage the lining of the esophagus, causing inflammation and discomfort. Chronic reflux results in gastroesophageal reflux disease (GERD), and long-term GERD can result in Barrett's Esophagitis. The traditional treatment is to prescribe anti-acids, however reflux does not occur because there is too much acid in the stomach, therefore anti-acids only mask the problem, do nothing to correct it and can even cause long-term digestive problems. Our recommendations include assisting the patient to improve LES pressure, decrease pressure within the stomach and heal the mucosal lining of the esophagus and stomach through proper nutrition, eating habits and enzyme therapy.*

- A digestive enzyme formula with meals will help ensure proper assimilation and helps lower the stomach pressure, reducing gas and belching.*
- An all-natural blend of soothing herbs and enzymes to help soothe the digestive mucosal lining and encourage more complete digestion.*
- A protease formula between meals will help promote optimal blood flow and efficient detoxification as well as help manage inflammation and promote healing of the damaged tissue.*
- A probiotic supplement further supports digestion and the immune system while maintaining a healthy gut environment.*

TPP DIGEST	1 cap	with every meal or snack
TPP GASTRO	2 caps	after meals & as needed
TPP PROTEASE	1 cap	3 x day between meals
TPP PROBIOTIC	1 cap	morning and bedtime

Transformation™ offers several formulas for the "sensitive" patient.* If needed, you may substitute:

DIGESTZYME	3 caps	with every meal or snack
GASTROZYME	3 caps	after meals & as needed
PUREZYME	2 caps	3 x day between meals
PLANTADOPHILUS	3 caps	morning and bedtime

Questions? 1-800-777-1474
email moreinfo@tecenzymes.com
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Additional support formulas you may want to consider for patients with GERD.

CALMZYME 2-3 caps between meals and/or before bed

- One of the symptoms of anxiety is muscle tension. It is therefore easy to see the relationship between stress and heartburn, with the excess tension from anxiety causing acid reflux in the stomach. This formula will feed and fortify the nervous system, assisting with stress management.*

TPP PROTEASE IFC 1 cap 3 x day between meals

- Inflammation in the esophagus stimulates GERD. Additional inflammatory and antioxidant support may be beneficial, and this unique formula provides proteolytic enzymes and antioxidants to help regulate inflammation anywhere in the body.*

REPAIRZYME 2 caps 2 x day

- Narrowing of the esophagus may be caused by scar tissue resulting from GERD or Barrett's esophagitis. This formula provides the necessary building blocks for healthy growth and repair of damaged tissue in the body.*

RELEASEZYME** 1 cap after each meal
OR RELEASEZYME** 3 caps at bedtime

- Constipation can create or exacerbate GERD in some individuals. Straining to eliminate hardened stool can widen the LES over time, allowing acids to back up through the esophagus. This formula provides a gentle blend of herbs and enzymes to effectively "jump start" the sluggish colon.*

**ReleaseZyme is intended for short-term use (1-3 months) during the healing process and periodical use afterwards as needed for chronic constipation.

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