

# Product Rationale: GASTROZYME



*Consider the following review of clinical research results on several important ingredients known for their ability to help control diarrhea, heartburn, colitis, gastritis, Crohn's disease, and gastric or duodenal ulcers and alleviate other conditions associated with gastrointestinal distress.*

This simple, well-tolerated formula is intended for sensitive individuals and works fast to ease discomfort "below the navel." Persons with bloating or cramping in the GI tract, occasional diarrhea, indigestion, and/or nausea may particularly benefit from this natural support for a healthy gastrointestinal system. This product is uniquely formulated for persons who have occasional gastrointestinal or urinary distress and may be taken anytime to relieve minor GI discomfort.

## FORMULA RATIONALE

Transformation's GastroZyme is a soothing formula of herbs and enzymes that support the health of the mucosal tissue lining the GI tract, respiratory system, and urinary tract system.

**Marshmallow Root** has a high protein and mucilage-carbohydrate content that the body can use to manufacture the necessary materials for new tissue production. Marshmallow has been found to relieve irritation and inflammation of the mucous membranes of the respiratory and gastrointestinal tracts and to help normalize mucous secretions. In conditions where inflammation is induced by the excess accumulation of uric acid, Marshmallow Root helps remove this acid from the body. Marshmallow also has mucilaginous (adhesive) properties that enable it to surround and expel foreign and toxic matter. This has a soothing effect on the inflamed mucosal membrane tissue.

**Papaya Leaf** has been known for its digestive abilities and contains proteolytic enzymes (enzymes that act on proteins). Papaya Leaf has inherited a reputation as a "biological scalpel" because it selectively digests dead tissue without affecting the surrounding live tissue. It has been used to treat many skin diseases, wounds, and ulcers. Papaya Leaf has properties that protect the stomach from mucosal damage and from ulcer formation.

**Rhodiola Rosea** is known for its support of the glands. It also aids with colic, ulcers, gastrointestinal distress, and the repair of tissues. Rhodiola Rosea even fortifies the nervous system.

**Gotu Kola** is known in India as a longevity herb. It is uncommonly rich in B vitamins and Potassium and is also used as a natural diuretic.

**Enzyme Proprietary Blend** - Plant enzymes maximize digestion of nutrients, production of energy, and aid in immune support. For improved tolerance in sensitive individuals, this product contains no protease.

## OTHER INGREDIENTS

This product is encapsulated in a vegetarian capsule. GastroZyme is dairy, gluten, and soy free. No fillers are used in this product.

## COMPONENT BENEFITS

Marshmallow Root, Papaya Leaf, Rhodiola Rosea, and Gotu Kola are the herbs known for their ability to be very soothing to the mucosal lining. The Amylase, Lipase, and Cellulase enzymes in this formula help promote improved delivery of the herbal ingredients and further support digestion.

Each two-capsule serving of GastroZyme is formulated to include the following.

### Herbs

Marshmallow Root	190 mg
Papaya Leaf	190 mg
Rhodiola Rosea (root) extract	110 mg
Gotu Kola (aerial part) extract	95 mg

Enzyme Proprietary Blend	55 mg
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Amylase	5,000 DU
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Cellulase	800 CU
Lipase	605 FIP

**Other Ingredients:**

Cellulose  
Water

**SUMMARY**

Transformation's gentle formula for sensitive patients experiencing gastrointestinal discomfort, GastroZyme focuses on the health and repair of the mucosal lining of the GI tract, respiratory system, and urinary tract system. The first choice for chronic diarrhea and extremely sensitive patients, this product is well tolerated and works fast to soothe and relieve gastrointestinal and urinary discomfort, control diarrhea, and reduce excess mucous production.

**CLINICAL APPLICATIONS**

- Heartburn
- Diarrhea
- Upset stomach
- Sour stomach
- Gastritis
- Colitis
- Crohn's Disease
- Celiac
- Gout
- Diverticulosis
- Gastric or duodenal ulcer
- Unexplained blood in urine
- Inflammation of the upper and lower GI tract
- Inflammation and discomfort associated with UTI
- Allergies
- Colds
- Asthma
- Sinus congestion

**RECOMMENDED USAGE**

Take two capsules with every meal or as directed by healthcare professional. More may be taken anytime as needed for discomfort in place of antacids.

For general therapy, take a digestive formula such as DigestZyme or Transformation's Professional Protocol™ Digest at the beginning of each meal and three capsules of GastroZyme at the end of each meal.

When used without DigestZyme or TPP Digest, take 3-4 capsules of GastroZyme with every meal or snack.

**INDICATIONS****Diarrhea**

For therapeutic usage such as chronic diarrhea and severe gastrointestinal pain, take three capsules at beginning of meal, three capsules at end of meal, and three capsules at the onset of each episode of diarrhea. Along with dietary modifications, this typically resolves the problem in 3-7 days.

**CONTRA-INDICATIONS**

In rare cases, Gotu Kola may cause heart palpitations.

In general, herbs are not recommended during pregnancy/lactation or for children 12 years or younger. However, each case should be assessed on an individual basis and the practitioner, along with the patient, may use their professional judgment and decide to use the formula.

**PROP 65 TEST**

This product has been identified as containing naturally-occurring lead that exceeds California Proposition 65 lead levels. For more information about Proposition 65 visit the Office of Environmental Health Hazard Assessment, and for a list of elements listed under Prop 65 visit [www.oehha.ca.gov/prop65/prop65\\_list/Newlist.html](http://www.oehha.ca.gov/prop65/prop65_list/Newlist.html)

**SAFETY / QUALITY ASSURANCE**

All Transformation™ formulas are carefully prepared to assure maximum quality and nutritional effectiveness.

**MICROBIOLOGICAL EVALUATION**

This product was tested and found to be NSF/ANSI compliant and absent of any traces of *E.coli*, *salmonella*, and *S.aureus*.

**PRODUCT SPECIFICATIONS**

GastroZyme is available in bottles of 100 and 270 capsules. Does not contain any dairy, gluten, soy, artificial colors, flavors, or preservatives. Store in a cool, dry place. Keep out of reach of children.

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.