

HEADACHES

There are different types of headaches – cluster, migraine, and tension – which can be distinguished by varying symptoms. Regardless of the type, causes common to all include dehydration, food intolerances, chemicals, toxicity, stress, hormone imbalance, and vascular disorders. The goal of enzyme therapy is to minimize the incidence of any type of headache. Proper digestion, blood flow, and elimination is fundamental, and additional protease enzymes have been reported to help with hormonal imbalances.*

- A digestive enzyme formula taken with meals helps support bio-availability of all the nutrients, vitamins, minerals, amino acids, and EFA's necessary in the production of hormones and neurotransmitters.*
- A natural anti-inflammatory and pain reliever that works with the body's endocannabinoid system and its various receptors*
- A protease formula between meals helps ensure proper blood flow and supports nervous system communication by helping deliver "messengers," control inflammation, and remove toxins.*
- A probiotic supplement further supports digestion and promotes timely elimination while maintaining a healthy gut environment.*

TPP DIGEST	1 cap	with every meal or snack
TPP Protease-CBD	2 caps	daily with a fatty meal
TPP PROTEASE	2 caps	3 x day between meals
TPP PROBIOTIC	1 cap	at bedtime

Transformation™ offers several formulas for the "sensitive" patient. If needed, you may substitute:

Digestzyme	2 caps	with every meal or snack
TPP PROTEASE-CBD	2 caps	daily with a fatty meal
PureZyme	2 caps	3 x day between meals
Plantadophilus	3 caps	in the morning and at bedtime

Questions? 1-800-777-1474 email moreinfo@tecenzymes.com www.transformationenzymes.com



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This product is not intended to diagnose, treat, cure, or prevent any disease.



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Additional support formulas you may want to consider for patients with Headaches. Dosages are based on therapeutic recommendations and may be decreased for maintenance protocols.

SUPER CELLZYME

2 caps

daily

• Nutritional deficiencies can be an underlying cause of frequent headaches or migraines. This whole food vitamin and mineral supplement blends various vegetables and botanicals for an extra source of real whole food nutrition with enzymes to facilitate the absorption of these nutrient.*

EFA 1,200MG

2 gelcaps

daily with meals

Research shows that healthy consumption of omega-3 fatty acids reduces the frequency of
headaches. Omega-3's not only provide essential nutrients but are also well known for their ability to
help reduce inflammation and can be helpful in reducing headaches for this reason. These essential
fatty acids are from fish oil concentrate and are a good source of DHA and EPA omega 3's known
for their many health benefits. They should be considered as a staple of any wellness protocols.*

MASTERZYME**

2 caps

2 x day with food

Fluctuating hormone levels are a major contributing factor in chronic headaches and menstrual
migraines. This formulation of enzymes, herbs, and glandulars supports the entire endocrine system.
More often than not, when one area of the endocrine system is challenged, the other glands are
also affected. This formula provides nutritional support for the adrenal, pituitary, and thyroid glands
as well as the reproductive system.*

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^{**}Testing or monitoring of hormone levels is advised with glandular / nutritional hormone therapies