



mycliniciantoolbox.com

Enzyme Therapy

HEAVY METAL TOXICITY

Heavy metal toxicity occurs when metals – often trace minerals – accumulate beyond the body's needs. Excess metals bind to proteins such as hormones, enzymes, and immune cells, disrupting their normal function. If the body cannot effectively detoxify and eliminate these metals, they store in tissues and organs, interfering with metabolism and potentially leading to degenerative disease, nerve damage, or worse. Optimal detoxification depends on a healthy gut, efficient digestion, and strong systemic function. A well-supported digestive system ensures nutrient absorption for cellular repair, systemic enzyme activity helps break down heavy metal-protein complexes and clear toxins, and a balanced gut microbiome aids regular elimination, preventing reabsorption of toxins and reducing inflammatory burden.*

- Digestive enzymes taken with meals support the absorption of vitamins, minerals, amino acids, and EFAs needed for hormone and neurotransmitter production.*
- Protease enzymes between meals enhance circulation, support nervous system communication, control inflammation, and assist in breaking down metal-protein complexes for removal.*
- Probiotics formulated with strains that bind heavy metals support natural chelation, promote timely elimination, maintain a healthy gut environment, and help reduce the body's toxic load.*

TPP DIGEST	1 cap	with every meal or snack
TPP PROTEASE	2 caps	4 x day between meals
TPP PROBIOTIC 42.5	1-2 caps	at bedtime

Transformation™ offers several formulas for the "sensitive" patient. If needed, you may substitute:

DIGESTZYME	2-3 caps	with every meal or snack
PUREZYME	2 caps	4 x day between meals
PLANTADOPHILUS	3 caps	at bedtime

NOTE: Dietary modifications include protein foods high in the sulfur-containing amino acids cysteine and methionine. Other foods high in sulfur such as onions, garlic, and eggs are also helpful for eliminating toxins. Colorful fruits and vegetables are high in natural antioxidants. Additionally, soluble fiber such as oat bran, pectin, and psyllium seed is beneficial.

Questions? 1-800-777-1474
email moreinfo@tecenzymes.com
www.transformationenzymes.com



