



## HYPERLIPIDEMIA - HIGH CHOLESTEROL/TRIGLYCERIDES

Hyperlipidemia is the presence of elevated levels or imbalances in total cholesterol, LDL, HDL, and/or triglycerides in the blood above and beyond what is considered necessary and healthy. Excess fats in blood over a period of time can accumulate in the blood vessels, increasing the risk for various cardiovascular diseases. Enzyme therapy, along with diet and exercise, will support digestion and proper management of blood fats – cholesterol, triglycerides, and lipoproteins.\*

- A digestive enzyme formula high in lipase taken with meals will help ensure proper assimilation of all nutrients, especially fats, minimize free radicals (oxidized fats), and reduce the risk of plaque or toxins in the blood.\*
- A support formula high in lipase enzymes will further aid in the digestion of fats, help control excess lipoproteins such as LDL in the blood, improve the ratios of LDL/HDL, and minimize the absorption of dietary cholesterol.\*
- A protease formula between meals will promote optimal lipid ratios helping to manage and regulate lipoproteins (LDL/HDL).\*
- A probiotic supplement further supports digestion and the immune system while maintaining a healthy gut environment.\*

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TPP DIGEST	2 caps	with every meal or snack
TPP LYPO	1 cap	3 x day between meals
TPP PROTEASE	2 caps	3 x day between meals
TPP PROBIOTIC 42.5	1 cap	at bedtime

Transformation™ offers several formulas for the "sensitive" patient. If needed, you may substitute:

DIGESTZYME	3 caps	with every meal or snack
LYPOZYME	2 caps	3 x day between meals
PUREZYME	3 caps	3 x day between meals
PLANTADOPHILUS	3 caps	at bedtime

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Questions? 1-800-777-1474  
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# Enzyme Therapy

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Additional support formulas you may want to consider for patients with Hyperlipidemia. Dosages are based on therapeutic recommendations and may be decreased for maintenance protocols.

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BALANCEZYME PLUS                      1 cap                      3 x day between meals

- Uncontrolled blood sugar levels can affect healthy contraction of blood vessels. Appetite and cravings can also be a challenge for someone on a restricted diet trying to manage their cholesterol. This formula is meant to help control weight, sugars, and has also proven effective in naturally supporting the body to lower cholesterol.\*

TPP PROTEASE IFC                      1-3 caps                      3 x day between meals

- Coupled with high cholesterol, inflammation can lead to buildup in the arteries, setting the stage for a heart attack or stroke. This formula is a combination of proteases and antioxidants designed to help regulate inflammation anywhere on or in the body, making it a great choice to promote cardiac health.\*

TPP LIVER SUPPORT                      1 cap                      daily with meals

- The liver plays a key role in controlling cholesterol levels in the body. Production of cholesterol is based on how the liver reads circulating lipids. If the liver is overloaded with too many toxins, it loses its ability to eliminate the toxins and harmful cholesterol. This formula promotes optimum liver function by removing embedded toxic materials and supporting its normal regeneration sequence.\*

TPP EFA 1200MG                      1 gelcap                      2 x day with meals

- Increasing consumption of omega 3 fatty acids with daily fish oil supplementation may support overall healthy cholesterol levels as well as joint stiffness, brain and heart wellness, and healthy skin. These essential fatty acids are from fish oil concentrate and are a good source of DHA and EPA omega 3's known for their many health benefits. They should be considered as a staple of any wellness protocol.\*

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