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# Enzyme Therapy

## INFERTILITY

Infertility is defined as the inability to conceive after a year or more of regular unprotected sexual activity during the time of ovulation and/or the failure to carry a pregnancy to term. Successful reproduction involves intricate processes with regard to ovulation, fertilization and transport of the fertilized ovum to the uterus. Failure of these processes to work properly together can result in this condition. The cause of infertility may be as simple as poor nutrition and diet, drugs (prescription and/or recreational), and stressful lifestyle. Otherwise, anatomical abnormalities and obstruction of physiological processes are the cause. Once it has been determined there is no physiological or metabolic reason for the infertility and that the couple should be able to conceive, enzyme therapy and nutritional support can be a valuable option.\*

- A digestive enzyme formula with meals will help ensure proper assimilation of all nutrients to support adequate production of hormones and/or development of the fetus.\*
- A nutritional support formula that supports balanced estrogen levels to encourage hormonal balance and a healthy reproductive system in both men and women.\*
- A protease formula between meals will help promote optimal blood flow and efficient delivery of nutrients and hormones supporting the overall health of our reproductive system.\*
- A probiotic supplement further supports digestion and the immune system while maintaining a healthy gut environment.\*

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TPP DIGEST	2 caps	with every meal or snack
MASTERZYME**	2 cap	2 x day with food
TPP PROTEASE	2 caps	3 x day between meals
TPP PROBIOTIC	2 caps	at bedtime

Transformation™ offers several formulas for the "sensitive" patient. If needed, you may substitute:

DIGESTZYME	3 caps	with every meal or snack
MASTERZYME**	2 cap	2 x day with food
PUREZYME	2 caps	3 x day between meals
PLANTADOPHILUS	3 caps	at bedtime

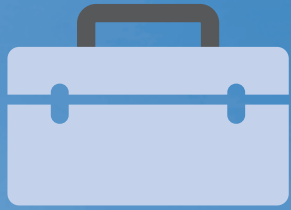
\*\*Testing or monitoring of hormone levels is advised with glandular / nutritional hormone therapies.

Approximately 1/3 of all infertility cases result from male factors, 1/3 from female factors, and 1/3 from combined factors. Therefore, both partners should follow the above enzyme protocol.

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Questions? 1-800-777-1474  
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Additional support formulas you may want to consider for patients with Infertility:

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CALMZYME                      1 cap                      between meals and/or before bed

- Stress, anxiety, and sleep deprivation can decrease the likelihood of pregnancy. This formula is an herbal and enzyme blend that feeds and fortifies the nervous system, assisting with stress management.\* As the name implies, it helps to calm and is the perfect, non-habit forming, natural solution for anxiety, insomnia, and stress.\*

SUPER CELLZYME                      2 caps                      daily

- Vitamins and minerals play a key role in regulating the enzymes needed to protect reproductive organs as well as regulating hormones like progesterone that are necessary for ovulation. A deficiency could be related to infertility issues. This whole food vitamin and mineral supplement is formulated with enzymes to facilitate the proper absorption of key nutrients needed for proper reproductive support.\*

TRANSCENDENCE™ REZEN    2 caps                      mid-morning between meals

- Chronic low to high levels of stress can increase cortisol production which ultimately depletes the bank of reproductive hormones in order to make stress hormones. This depletion will affect fertility, sex drive, energy, and mood. This Transcendence™ formula supports healthy cortisol level and balance within the autonomic nervous system.\*

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