



INFLAMMATION

Inflammation is the body's response when our cells are damaged. This can be caused by infections, injury, autoimmune disorders, or oxidative stress. The immediate response and repair is necessary and beneficial. It is when the response is chronic and uncontrolled that it becomes a problem. Enzyme therapy will help manage chronic inflammation and help control the onset of degenerative diseases.*

- A digestive enzyme formula with meals will ensure proper assimilation to supply the cells with all the nutrients needed for function and repair as well as help minimize free radical damage that may trigger allergies or further inflammation.*
- A protease formula between meals will promote optimal blood flow, support efficient detoxification, and help manage inflammation.*
- A support formula of highly active proteolytic enzymes and antioxidants designed to help regulate inflammation anywhere in the body.*
- A probiotic supplement further supports digestion and the immune system while maintaining a healthy gut environment.*

TPP DIGEST	2 caps	with every meal or snack
TPP PROTEASE	2 caps	3 x day between meals
TPP PROTEASE IFC	2 caps	3 x day between meals
TPP PROBIOTIC	1 cap	at bedtime

Transformation™ offers several formulas for the "sensitive" patient. If needed, you may substitute:

DIGESTZYME	2 caps	with every meal or snack
PUREZYME	3 caps	3 x day between meals
TPP PROTEASE IFC	2 caps	3 x day between meals
PLANTADOPHILUS	3 caps	at bedtime

Questions? 1-800-777-1474
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Enzyme Therapy

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Additional support formulas you may want to consider for patients with Inflammation. Dosages are based on therapeutic recommendations and may be decreased for maintenance protocols.

SUPER CELLZYME 2 caps daily

- Vitamins and minerals are needed to control levels of CRP and other inflammatory markers in the body. Deficiencies can increase the severity of chronic inflammation. This whole food vitamin and mineral supplement is formulated with enzymes to facilitate the absorption of these nutrients.*

REPAIRZYME 2 caps 2-3 x day

- Inflammation can cause considerable damage to host tissues, which can be a part of the creation of a disease process. This formula provides building blocks and facilitates repair for healthy growth of muscle, skeletal structure, and tissue.*

TPP EFA 1,200MG 2 gelcaps daily with food

- Omega 3 fatty acids are beneficial due to their role in the reduction of inflammation in various parts of the body.* These essential fatty acids are a good source of DHA and EPA omega 3's known for their many health benefits.

TPP JOINT HEALTH 1 cap daily on an empty stomach

- Inflammation can cause joint swelling, pain, and stiffness. Individuals struggling with arthritis and other conditions that affect the joints will benefit greatly from this unique combination of whole food nutrients like glucosamine and collagen to balance fluid around the joint and further reduce inflammation.*

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