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# Enzyme Therapy

## INSOMNIA

The nervous system is the master controlling and communicating system of the body and is responsible for regulating all body activities through nerve impulses with the assistance of chemical messengers – hormones and neurotransmitters. The health of this system is crucial in maintaining all muscle movement, activation of glands, mental functioning, emotional responses, and sleep. Transformation's enzyme nutrition formulas are designed to promote optimal functioning and overall health of the Nervous System.\*

- A digestive enzyme formula taken with meals helps support the bioavailability of all the nutrients, vitamins, minerals, amino acids, and EFA's that are necessary in the production of hormones and neurotransmitters.\*
- A protease formula between meals helps ensure proper blood flow and supports nervous system communication by helping deliver "messengers," control inflammation, and remove toxins.\*
- A probiotic supplement further supports digestion and promotes timely elimination while maintaining a healthy gut environment.\*
- An herbal and enzyme blend that feeds and fortifies the nervous system, assisting with stress management and providing a natural solution for anxiety, insomnia, and stress disorders.\*

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TPP DIGEST	1 cap	with every meal or snack
TPP PROTEASE	2 caps	3 x day between meals
TPP PROBIOTIC	1 cap	at bedtime
CALMZyme	3 caps	at bedtime

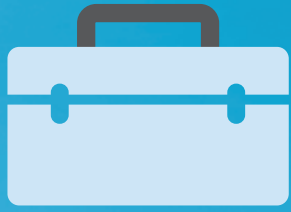
Transformation™ offers several formulas for the "sensitive" patient. If needed, you may substitute:

DIGESTZyme	3 caps	with every meal or snack
PUREZyme	2 caps	3 x day between meals
PLANTADOPHILUS	3 caps	at bedtime
CALMZyme	3 caps	at bedtime

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Questions? 1-800-777-1474  
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Additional support formulas you may want to consider for patients with Insomnia.

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TPP PROTEASE-CBD                      1 cap                      daily with a fatty meal

- The hypothalamus plays a role in several sleep-related functions, including regulating body temperature and synchronizing sleep patterns. CBD can help people with insomnia because it works with the hypothalamus to regulate stress. The “homeostatic modulating trio” of cannabidiol, moringa, and enzymes in this formulation work synergistically to help calm the autonomic nervous system, support overall systemic health, and create a feeling of wellbeing.\*

MASTERZYME\*\*                      1 cap                      3 x day with food

- Hormonal changes can wreak havoc on sleep. In turn, sleep deprivation can affect hormone levels in a sleepless vicious cycle. For those whose sleep problems may be related to hormonal imbalance, this formula provides nourishment and support for the entire endocrine system.\*

\*\*Testing or monitoring of hormone levels is advised with glandular / nutritional hormone therapies

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**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**