

# Product Rationale: **L-DRAIN**



*The lymphatic system must be considered a foundational aspect for the maintenance of optimal health. Consider the following review of several important herbal extracts known for their ability to assist the lymphatic system to perform its normal daily functions and support lymphatic flow.*

The lymphatic system is comprised of a myriad delicate vessels that are dispersed throughout both the superficial and the deep tissues, a number of highly specialized glands, and even a small intestinal presence in the form of the central lacteal or chyloferous. They are appropriately named both for their characteristic colors and for their absorption functionality. The lymphatic vessels are found in almost every single tissue and system of the body that contains blood vessels. They perform a wide array of essential functions, including the transportation of nutrients from the small intestine into interstitial space, the removal of waste products from cellular metabolism into the blood, and the phagocytosis of infectious microorganisms.

Because of this vast array of functionality, the lymphatic system is (and must be) considered a foundational aspect for the maintenance of optimal health. Without a fully functioning lymphatic system, our cardiovascular and immune systems could be challenged. All transportation throughout this network is not catalyzed by a continuous pump like the heart, but rather relies on the milking action of the active skeletal musculature, the pressure changes that occur during diaphragmatic breathing, and the pulsations that occur as a result of arterial circulation. Because of the vast array of materials that are transported and phagocitized by this unpressurized circulating system, congestion of this system is very likely and is potentially very dangerous as well.

## FORMULA RATIONALE

**Red Root** (*Ceanorthus americanus*) stimulates lymph and inter-tissue fluid circulation, thereby decreasing stagnation and improving tissue drainage.

**Red Clover** (*Trifolium pratense*) is an expectorant and antispasmodic that clears stagnation in the lymphatics and also relieves eczema, psoriasis, and respiratory congestion.

**Stillingia Root** (*Stillingia sylvatica*) primarily affects the lymphatic system and the excretory systems, thereby increasing drainage and limiting stagnation.

**Prickly Ash Bark** (*Xanthoxylum clava-herculis*) stimulates the circulatory and the lymphatic systems and is especially effective on mucous membranes.

## OTHER INGREDIENTS

### **Kosher vegetable glycerine and filtered water**

L-Drain is a vegetarian-friendly liquid formula in a glycerine base. Glycerine (glycerol) is a sugar alcohol but is not metabolized the same as sugar and therefore will not negatively affect blood sugars. The glycerine base is from palm kernel oil.

## COMPONENT BENEFITS

Each dropper (1 ml) serving of L-Drain is formulated to include the following.

### Herbs

Red Root extract	9 mg
Red Clover blossoms extract	7.5 mg
Stillingia Root extract	7.5 mg
Prickly Ash Bark extract	6 mg

### Other Ingredients:

Kosher vegetable glycerine  
Filtered water

## SUMMARY

Transformation's L-Drain is a safe and effective formulation of herbal extracts that support the lymphatic system. This concentrated, rapidly-assimilated herbal product assists the lymphatic system and supports lymphatic flow.

**CLINICAL APPLICATIONS**

- Lymphatic congestion
- Lymphedema
- Fluid retention
- Support for detoxification protocols

**RECOMMENDED USAGE**

- Take one (1) dropper in a small amount of water between meals 3-4 times daily or as directed by a health care practitioner.
- Alternately, may squirt directly in mouth and follow with water.
- Or, may add to bottle of water and drink throughout the day.

**DRUG INTERACTIONS**

None reported.

**CONTRAINDICATIONS**

None reported.

**SAFETY / QUALITY ASSURANCE**

All Transformation™ formulas are carefully prepared to assure maximum quality and nutritional effectiveness.

**MICROBIOLOGICAL EVALUATION**

Not applicable.

**PROP 65 TEST**

Not applicable.

**PRODUCT SPECIFICATIONS**

L-Drain is available in 2 ounce dropper bottles.

Does not contain any dairy, egg, sugar, corn, yeast, wheat, soy, gluten, artificial colors, flavors, or preservatives.

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