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Enzyme Therapy

LEAKY GUT (FOR INFANTS/CHILDREN)

Leaky Gut Syndrome is becoming increasingly common in children, yet it is often overlooked or mistaken for unrelated health issues. In kids, leaky gut can develop when the gut lining, normally sealed tightly, becomes compromised. This allows bacteria, toxins, and undigested food particles to “leak” into the bloodstream, triggering an immune reaction that fuels chronic inflammation. A root cause approach to leaky gut in kids focuses on fully breaking down food to prevent irritation, minimize food intolerances, and support a healthy immune system, lowering inflammation so the gut can heal, restoring a healthy microbiome to protect and regulate the gut, and using gentle mucilaginous herbs like slippery elm, marshmallow root, and aloe vera to coat, soothe, and repair the intestinal lining.*

- A digestive enzyme formula with meals ensures proper assimilation and bioavailability of nutrients to fuel cellular repair and growth and supports the breakdown of potential trigger foods, lowering immune activation and food sensitivities.*
- An herbal and enzyme mucosal repair blend that combines gentle, kid-safe mucilaginous herbs with targeted enzymes can help soothe inflamed tissue and restore gut wall integrity.*
- A protease formula between meals reduces systemic inflammation and promotes optimal blood flow for faster healing of tissues, including the intestinal barrier.*
- A probiotic supplement helps reestablish a healthy microbiome, supports immune balance, and aids in the timely removal of waste, reducing toxin exposure to the gut wall.*

KIDZ DIGEST CHEWABLES	2 tablets	with meals (ages 4 and up)
OR KIDZ DIGEST POWDER	1 scoop	with meals**
GASTROZYME***	1 cap	after meals****
PUREZYME	1-2 caps	3 x day between meals with 6-8 oz liquid****
TPP TRANSBIOTIC™	1 cap	at bedtime****
OR PLANTADOPHILUS	3 caps	at bedtime****

**With 2 oz lukewarm liquid prior to meals or with first bite of food. Can mix with applesauce or veggie/fruit mash if unable to consume in liquid form. May also open DigestZyme capsule for powdered option. Additional probiotics may not be needed if using Kidz Digest Powder. Consult your provider for guidance.

***When calming is needed, begin the protocol by taking only GastroZyme for the first week.

****May open capsule and mix with flavored liquid, veggie, or fruit puree if unable to swallow.

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