



## LIVER HEALTH

The liver is a complex, versatile organ with numerous interrelated functions, most importantly filtration and detoxification of the blood. In fact, almost every substance that gets absorbed by the digestive tract is initially received by the liver. The liver's main functions include detoxification; storing glucose (glycogen); producing and releasing bile; metabolizing carbohydrates and fat; and synthesizing plasma protein. If liver function is compromised, toxins will accumulate and digestion and metabolism will suffer. Some of the most common liver disorders are hepatitis, fatty liver, and cirrhosis. Maintaining optimal liver function is essential to maintaining overall health.

- A digestive enzyme formula with meals will aid in the proper digestion and absorption of all nutrients as well as support bile production and reduce the incidence of toxins.\*
- A support formula to promote optimum liver function by removing embedded toxic materials and supporting the liver's normal regeneration sequence.\*
- A protease formula between meals will help promote optimal blood flow and efficient detoxification as well as help manage inflammation, supporting the overall health of the liver.\*
- A probiotic supplement further supports digestion and the immune system while maintaining a healthy gut environment and timely elimination of wastes.\*

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TPP DIGEST	1 cap	with every meal or snack
TPP LIVER SUPPORT	1 cap	2 x day with food
TPP PROTEASE	2 caps	3 x day between meals
TPP PROBIOTIC	1 cap	at bedtime

Transformation™ offers several formulas for the "sensitive" patient.\* If needed, you may substitute:

DIGESTZYME	2 caps	with every meal or snack
TPP LIVER SUPPORT**	1 cap	2 x day with food
PUREZYME	2 caps	3 x day between meals
PLANTADOPHILUS	3 caps	2 x day morning and bedtime

\*\*Sensitive patients may want to use the "basic" protocol for two weeks before using TPP Liver Support.

Questions? 1-800-777-1474  
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# Enzyme Therapy

## LIVER HEALTH

Additional support formulas you may want to consider for Liver Health. Dosages are based on therapeutic recommendations and may be decreased for maintenance protocols.

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### TPP PROTEASE IFC

3 caps

3 x day

- For those suffering with hepatitis and other forms of chronic inflammation, this unique formulation of highly active proteolytic enzymes and antioxidants is designed to help regulate inflammation anywhere on or in the body.\*

### RELEASEZYME\*\*

3 caps

at bedtime

- Prolonged toxicity can lead to constipation. This is important because the colon is one of the main ways the body can detoxify and keep the liver healthy. Individuals with less than one bowel movement a day have a greater risk of liver damage due to an inability to remove harmful materials that can accumulate in the liver and tissues. This herbal blend with enzymes will gently and effectively jump start the sluggish colon, taking the burden of bowel toxicity off the immune system, kidneys, lungs, liver, and skin.\*

### LYPOZYME

1-2 caps

with meals

- The liver is responsible for producing bile, which plays an important role in the digestion and absorption of lipids and fat-soluble vitamins. When the liver is weak, the body's ability to properly break down fats is compromised. For those taking DigestZyme needing extra support for fat digestion and unable to switch to TPP Digest consider this digestive formula high in lipase which will provide further support for the proper breakdown and digestion of fats, carbohydrates, and proteins.\*

### L-DRAIN

1 dropper

3-4 x day with water

- Since the lymphatic system is one of our main detox pathways, it is important to make sure it is clear and working properly before beginning any detox program. This herbal product assists in eliminating waste from the lymphatic system.\*

\*\*ReleaseZyme is intended for short-term use (1-3 months) during the healing process and periodical use afterwards as needed for chronic constipation.

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