

# TRANSFORMATION mineral complex

Supports bone, joint, muscle,  
and glandular health\*



Supplement Facts		
Serving Size 1 Capsule		
Servings Per Container 30		
Amount Per Serving		% Daily Value
Vitamin C (from acerola and rosehips fruit ext.)	20 mg	33%
Vitamin B6 (as pyridoxine hydrochloride)	10 mg	500%
Calcium (as calcium amino acid chelate and calcium carbonate)	100 mg	10%
Magnesium (as magnesium amino acid chelate)	20 mg	5%
Zinc (as zinc citrate)	12 mg	80%
Selenium (as selenium complex)	100 mcg	143%
Manganese (as manganese citrate)	5 mg	250%
Chromium (as chromium polynicotinate)	100 mcg	83%
Tzyme™ Enzyme Blend (Protease, Pectinase, Peptidase, Phytase, Glucoamylase, Alpha-galactosidase, Hemicellulase, Cellulase)	152 mg	†
Flax Seed	116 mg	†
Alpha-Lipoic Acid	25 mg	†
Kelp Algae (Ascophyllum nodosum)	150 mcg	†
Boron (as boron citrate)	5 mcg	†
† Daily Value not established		

OTHER INGREDIENTS: CELLULOSE & WATER

May contain fish or shellfish. Kelp is a natural aquatic product which may contain traces of fish and/or shellfish.

## RECOMMENDED USAGE:

Take one (1) capsule daily or as directed by a health care practitioner. Not recommended for children under 12. If pregnant or lactating, please consult your physician.

Available in bottles of 30 capsules.

NO FILLERS/NON-ALLERGENIC

Healthy bones require more than calcium alone. To actually strengthen bone, it has been found that calcium must be consumed together with a variety of other nutrients. While a balanced diet provides much of what we need, our modern lifestyle can affect the proper ingestion, digestion, and absorption of minerals. This formula is a unique synergistic blend of the nutritional core elements necessary for optimal cellular and systemic function.\* Use this product to support the normal removal of heavy metals, antioxidant protection, energy metabolism, healthy prostate and thyroid, and to help maintain blood sugar already within the normal range.\*

- **Multi-Mineral Formula.** Mineral Complex supplies major and trace minerals in chelate and citrate forms for improved absorption.\*
- **Natural Ingredients.** This formula includes Vitamins C and B6 in addition to Flax Seed, Alpha-lipoic acid, and Kelp Algae to provide antioxidant support in bioavailable whole food forms.\*
- **Enzyme Blend.** Enzymes are included for effective delivery of all nutrients.\* This formula also contains more than 20,000 HUT of protease supporting systemic health.\*

**Health Benefits:** Transformation's Professional Protocol™ Mineral Complex supplies the minerals and nutrients for good muscular, skeletal, cardiovascular, endocrine, reproductive, and nervous system health.\*

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.