

NEW PERSPECTIVES IN ENZYME THERAPY

Integrative Approaches to
Autoimmune Conditions



16203 Park Row Dr Ste 160
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Houston, TX
October 11-12
TECseminars.com

ENZYME THERAPY SEMINAR

October 11-12 • Houston, TX

Transformation's annual Enzyme Therapy Seminar returns this year as one of the leading holistic nutrition conferences in the nation. This event is the choice for functional and holistic professionals and students. Nationally acclaimed speakers, unique networking opportunities, and the healthiest organic and sustainably grown foods will be enjoyed by holistic practitioners from around the globe. We invite you to join us this year for a seminar that represents the best of the best in our industry.

It is often challenging for holistic professionals to find meaningful training that has both breadth and depth in topics and professional development opportunities. Transformation's comprehensive educational programming and networking opportunities for health care professionals from across the country and around the world, including the Annual Conference, have been proven to deliver value for professional development. At this event attendees will trade ideas with peers and learn from today's foremost leaders and experts in the application of enzyme therapy. They will have the opportunity to evaluate current best practices, all while building a powerful community of colleagues, business partners, and friends.

Enzymes are more than just for digestion. This seminar features speakers from a range of modalities discussing the types of conditions you see in your practice every single day. These practitioners will share how enzyme therapy is essential for creating microbiome balance and why its systemic benefits are the common factor to effective clinical protocols for detox, cancer, auto-immune conditions, and more. Learn how to get results in your own practice at this live, in-person networking event for health care professionals. The value of the seminar and the knowledge and relationships gained alone exceeds the price of admission.

Seminar Objectives

- Connect with peers and leaders from all segments of the holistic industry.
- Share ideas and visions at interactive networking sessions / round tables.
- Learn from leaders in the field. Sessions covering a variety of valuable disease-preventing and business-building topics will give you invaluable access to the most knowledgeable industry experts.
- Explore new and innovative solutions at the general sessions, with speakers and topics to intrigue, inspire, and entertain you.
- Evaluate the latest products, programs, and services from our vendors and sponsors.

Who Should Attend?

Whether you are new or seasoned in enzyme therapy, Transformation's seminar will give you an unparalleled chance to learn, grow, and connect with leading industry professionals and like-minded practitioners and students for a focus on personal growth and development opportunities in your field. Investing in this seminar is the most cost-effective personal and professional development choice practitioners can make all year.



Rolf Habersang
MD, MPHMT

Jeffrey Essen
ND, HHP, CGP, NTP

Trevor Miller
DC, IFMCP, LAc, CFMP

John R. Stanley
DDS, FAGD, AIAOMT

Milton Bastidas
DC, CIHP

Amy Rawls
MS, RD, LD, FMNS, CGN

Suzanne Espinoza
President & CEO, TEC

Mira Dessy
NE, BCHHP

2 0 2 4 S E M I N A R S P O N S O R S



Register Soon for Your \$199 EARLY BIRD Ticket! (special ends August 18)

Regular registration is \$249 for the first ticket, \$199 for additional attendees

Meals Provided! Event registration includes breakfast and lunch on Saturday

Cancellation Policy: full refund until September 10, no refunds within 30 days of event

Call us at 1-800-777-1474 for assistance • Hotel group rates available • Register now to guarantee your spot!
Visit TECseminars.com or mail to Transformation • 16203 Park Row Dr Ste 160 • Houston, TX 77084



Name _____ Phone _____ Email _____

Other attendees in your group _____

I am a Transformation™ customer, please charge my account I am new, please charge my credit card

CC# _____ Exp date _____ Name on card _____

Billing Address _____ City/State/Zip _____



**Register
Now &
SAVE
\$50**

Friday, October 11

6:00pm – 8:00pm

(welcome reception)

We are excited to welcome everyone to our new location at the Westin Memorial City in Houston. With a full day of events scheduled for Saturday, be sure to come early for our Friday night cocktail hour to meet the speakers, your fellow attendees, the Transformation™ team, and our sponsors.

Who Owns Your Supplements?

Supplement brands are hot commodities for multinational conglomerates looking to diversify their holdings. Big Pharma, Clorox, and Nestle are on the move. In this presentation, Transformation's President & CEO **Suzanne Espinoza** will share insights on business acquisitions and what this may mean to the availability and quality of supplementation.

Saturday, October 12

8:00am – 5:00pm

(breakfast and lunch included)

Here at Transformation™ we understand the importance of good nutrition. The food we provide during our events is both a fun and a nourishing way to demonstrate how adherence to dietary requirements promotes longevity and health. So please relax and join us for a healthy breakfast and lunch on Saturday. These meals are included as part of your event registration.

Keynote Address | How to Curb the Autoimmune Epidemic

We need to talk about our immune stress and its consequences. Projections now suggest that autoimmune diseases will soon become one of the most predominant medical disorders in the US. The evolving autoimmune epidemic will continue to have increasingly devastating impacts unless we focus more attention and research into the causes, better diagnostics, and improved treatments and prevention. In this presentation, **Dr. Rolf Habersang** will share an advanced look into factors of immune imbalance and how we can stop them.

Autoimmune Expressions | COVID-Induced Hashimoto's Disease

While the pandemic may be behind us, the impact it has had on our health and the well-being of future generations is not. There is accumulating evidence concerning the late-onset complications of COVID-19 and autoimmune disease. One condition of increased focus is Hashimoto's thyroiditis. The mechanism for this link is unclear, but the existing literature suggests several likely possibilities. In this presentation, **Dr. Jeff Essen** will discuss how we can mitigate the risk of developing autoimmune disease and how to manage Hashimoto's using bioenergetics and enzyme therapy to effectively peel back the layers of where the disease began.

Enzymes | The Secret Weapon to Cancer

Cancer persists as a major disease and is afflicting more people today than ever before. It is obvious that cancer is a problem, and there are many different theories on it as it continues to grow. It is an accepted belief that

cancer cells are formed as a result of physical, infectious, chemical, and genetic mechanisms that interfere with the production of cells. So what can we do to bring balance back to the cell? In this presentation, **Dr. Milton Bastidas** will share the evidence and findings for our latest clinical trials using Transformation's protease blend and how enzymes can be used to support normal cellular function in states of cancer.

Content Creation | How to Stop Banging Your Head Against the Desk Because You Can't Think of What to Say

As a practitioner your zone of genius is the work you do with your client. So chances are it's frustrating and overwhelming to figure out what to say to them when they're not in the office with you. In this presentation, **Mira Dessy** will share why you need to improve your content, where your best sources are, how to make the whole process easier, and what not to do with your content. Using the strategies learned in this presentation you'll be able to spend less time while sharing more effectively with your community.

Detection and Characterization of Biofilms | How to Connect the Dots Using GI-MAP® and Enzyme Therapy for Microbiome Balance

Bacterial biofilms are complex microbial communities that can create significant challenges for treatment protocols. Their increased resistance to classical antibiotics pose a severe threat to global health issues. Therefore, early detection and the search for new and alternative treatments are essential for treating and suppressing biofilm-associated infections. In this presentation, **Dr. Trevor Miller** will share how to successfully identify biofilms and their patterns and how he treats them using enzyme therapy.

The Trojan Horse of Chronic Disease | Why Tending Your Oral Microbiome Is the Secret to a Long, Healthy Life

It was once believed that microbes in the mouth only transfer to the gut in people with specific diseases, not healthy individuals. Now, compelling evidence has shown that the untold legions of viruses, fungi, and bacteria living in the mouth are transmitted from the oral environment to the gut far more often than was previously thought—that up to 80% of chronic disease begins in the mouth. In this presentation, **Dr. John Stanley** will discuss the important role that dentistry has in preventing disease and chronic inflammation, how various dental materials and procedures can contribute to toxic burden, and how to mitigate their impact using a holistic approach.

The First 1,000 Days of Life | Changing the Clinical Destiny of Our Youth

The first 1,000 days after birth represent a critical window for gut microbiome development. Despite dramatic improvements in survival, nutrition, and education over recent decades, today's children face an uncertain future with chronic pediatric diseases arising from early-life immune insult and postnatal immune dysfunction as the most prevalent health challenges for children. In this presentation, dietitian **Amy Rawls** will discuss how maintaining a healthy gut microbiome in pregnancy and infancy is important for long-term health and how Transformation's Thrive in 63 for Kids program can help children to "Thrive" in a metabolic world.



Rolf Habersang, MD, MPHTM

Dr. Habersang's experience in medicine and health care spans over four decades. Initially with a focus in General Pediatrics and Intensive Care for over 40 years, he then followed many of the children with special health care needs as a professor with Texas Tech Medical School in Amarillo, Texas. Because of his passion for helping individuals, children, and adults to optimize their well-being he expanded his knowledge over 20 years ago through continued training in Biological Medicine, Functional Medicine, and Homeopathy. Dr. Habersang currently provides consultations outside of the context of primary care to patients with a variety of issues at the Institute of Complementary Alternative Medicine (ICAM) in Amarillo, Texas.



Jeffrey Essen, ND, HHP, CGP, NTP

Dr. Essen is an accomplished Naturopathic Doctor, Holistic Healthcare Practitioner, Certified Gluten-Competent Practitioner, and Nutritional Therapy Practitioner who has been in practice since 2000 specializing in autoimmune disease, digestive issues, and functional hormone support. The founder of Whole Life Clinic PMA in Rosemount, MN, Dr. Essen practices naturopathic medicine, nutritional therapy, and uses numerous biofeedback and therapy devices to aid patients in reaching health goals. Dr. Essen teaches a Holistic Healthcare Practitioner course, *Real Life Blood Chemistry*, along with several short courses designed to allow the layperson access to the latest trends and research in the natural medicine field.



Trevor Miller, DC, IFMCP, LAc, CFMP

Dr. Miller is the founder of Integrated Health of Indiana where he and his team provide chiropractic care and functional medicine-based treatment. His formal education started at Palmer University where he completed his degree in chiropractic. Since becoming a DC, Dr. Miller was driven to dig deeper into nutrition, supplementation, and functional and integrative health through the lens of his two special needs daughters, developing a lab-based protocol for his girls to treat their mitochondrial disease. He is now an Institute for Functional Medicine Practitioner, one of only 2,000 IFM-Certified doctors in the world, and continues to deepen his knowledge with ongoing education to serve his clients, patients, and community.



John R. Stanley, DDS, FAGD, AIAOMT

Dr. Johnny R. "Dickey" Stanley was born and raised in Big Spring, Texas. He received a Bachelor of Science in Biology attended Texas Tech University, attended the University of Texas School of Pharmacy in Austin, and then received his Doctor of Dental Surgery at The University of Texas Dental School in San Antonio. Having been the only child of a farming family and involved in the business, he moved back to Big Spring where he practiced for 30 years. Dr. Stanley is passionate about dentistry. Early in his career, he realized the difference in what is known in dentistry and what is generally practiced in dentistry. This desire for knowledge motivated him to do thousands of hours of continuing education.



Milton Bastidas, DC, CIHP

Dr. Milton Bastidas was born in Colombia and is a graduate of Texas Chiropractic College with additional certification in Functional Medicine. He is Founder of True Lifelong Wellness Center and has been in practice since 1998 treating skeletal conditions, sports injuries, and systemic disorders. Dr. Bastidas is also Vice President of the College of Integrative Medicine (CIM) as well as Director of Research and

Development at Transformation Enzyme Corporation. Dr. Bastidas has a passion for soccer which put him through college at Texas Lutheran University and is very sought after in the soccer community for rehabilitation and nutritional counselling. He is also an expert in the use of laboratory analysis and enzyme nutrition as part of a functional and natural approach to wellbeing. As a lead researcher in Transformation's research and development team, Dr. Bastidas has co-directed two clinical studies showing the benefits of enzyme supplementation on systemic inflammation and gastrointestinal dysfunction as well as a most recent pilot study on the effects of enzyme therapy on Glyphosate detoxification. Dr. Bastidas lives in Houston, TX, with his family. He is currently involved in developing specific treatment protocols depending on the biochemical individuality of the patient. "My mission is to help patients achieve and maintain optimal health through a holistic and integrative approach. I strive to help my patients regain their health by educating them on how to obtain true lifelong wellness through natural means with the aid of nutrition and enzymes."



Amy Rawls, MS, RD, LD, CGN, FMNS

Amy has practiced in the Beaumont and Houston area since 2010 when she completed her Master's degree with a Dietetic residency through Lamar University. She has gone on to earn additional certifications as a Functional Medical Nutritionist and Certified Gastrointestinal Nutritionist. Amy has more than a decade of experience applying functional nutrition practices to an array of metabolic clinical states. She is currently Director of Education and Clinical Services for Transformation Enzyme Corporation where she gained her certification in enzyme therapy and is responsible for Transformation's educational and materials and programs. She also oversees Transformation's clinical and technical support services and assists with research and development. Amy has spoken at various events, seminars, and conferences both locally and internationally on topics related to nutrition and enzyme application. Her passion for health focuses on holistic, integrative, and functional medical nutrition therapy. She has a personal mission to create awareness that even healthy food can be poison if not digested properly.



Suzanne Espinoza, President & CEO, TEC

A graduate California State University-Chico, Suzanne is the President & CEO of Transformation Enzyme Corporation and has been with the company since 1996. She is an expert in executive leadership skills, business development, sales management, strategic planning, marketing strategy, team building, and entrepreneurship coaching. Suzanne was selected Woman of the Year 2010/2011 by the National Association of Professional Women and is on the Board of Directors for Houston's WestChase Chamber of Commerce and Merimnao Recovery Ministry in Katy, TX. She also supports Women Driving Business, Compassion International, and Faithwalking US.



Mira Dessy, NE, BCHHP

Mira Dessy, The Ingredient Guru, is an author, public speaker, and a Board Certified Holistic Health Practitioner who teaches how to navigate the grocery store's mammoth packaged food stock, to decipher confusing food labels, understand the relationship of food additives to poor health, and to find real food. A holistic nutrition professional and a popular public speaker, she knows that it's not just what you eat, but what's in what you eat. She is the author of the book *The Pantry Principle: How to Read the Label and Understand What's Really in Your Food*. Mira is a member of the National Association of Nutrition Professionals, the Society for Nutrition Education and Behavior, the American Association of Drugless Practitioners, and is on the board of directors for the American Holistic Health Association. She can be found online at TheIngredientGuru.com.