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Enzyme Therapy

POLYCYSTIC OVARY SYNDROME (PCOS)

Polycystic Ovary Syndrome (PCOS) is a health problem that affects 1 in 10 women of childbearing age. Women with PCOS have a hormonal imbalance and metabolism problems that may affect their overall health and appearance. They often struggle with blood sugar control, weight management, and excess testosterone. Other symptoms include excess androgen (male hormone) production; menstrual problems, which can include few or no menstrual periods or heavy, irregular bleeding; hair loss from the scalp and hair growth (hirsutism) on the face, chest, back, stomach, thumbs, or toes; acne and oily skin; fertility problems such as not releasing an egg (not ovulating) or repeated miscarriages; insulin resistance and too much insulin (hyperinsulinemia) which can cause things like upper body obesity and skin tags; depression or mood swings; and breathing problems while sleeping (obstructive sleep apnea) linked to both obesity and insulin resistance.*

- A digestive enzyme formula with meals will aid in the proper digestion and absorption of all nutrients supporting pH balance, a healthy GI tract, and a strong immune system.*
- A protease formula between meals will help promote optimal blood flow and efficient detoxification as well as help manage inflammation and immune function.*
- A nutritional support formula that supports hormonal balance and a healthy reproductive system.*
- A probiotic supplement to further support digestion and the immune system while maintaining a healthy balance of friendly flora in the GI tract.*

TPP DIGEST	2 caps	with every meal or snack
TPP PROTEASE	2 caps	3 x day between meals
MASTERZYME**	2 caps	2 x day with meals
TPP PROBIOTIC 42.5	1 cap	at bedtime

Transformation™ offers several formulas for the “sensitive” patient. If needed, you may substitute:

DIGESTZYME	3 caps	with every meal or snack
PUREZYME	2 caps	3 x day between meals
MASTERZYME**	2 caps	2 x day with meals
PLANTADOPHILUS	3 caps	at bedtime

**Testing or monitoring of hormone levels is advised with glandular / nutritional hormone therapies.

Questions? 1-800-777-1474
 email moreinfo@tecenzymes.com
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Additional support formulas you may want to consider for patients with PCOS:

BALANCEZYME PLUS

1 cap

3 x day between meals

- Insulin resistance is a common symptom of PCOS making weight management and blood sugar regulation difficult, while this formula is great for controlling the breakdown of carbs and supporting insulin uptake with extra chromium.*

TPP EFA 1200MG

2 gelcaps

daily with food

- Omega 3's can help with weight loss, hormone balance, improved androgen levels, and decreased insulin resistance.*

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***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**