

PROBIOTIC

Transformation's therapeutic and comprehensive probiotic formula

This is a blend of six bacteria common to the human GI tract. Formulated to mirror the proper ratios of these bacteria as found in the healthy GI tract and therefore maintain optimal flora to reduce gastrointestinal discomfort.

Product Highlights

- A blend of six bacteria providing just over 5 billion cfu per capsule
- Jerusalem artichoke is a whole food form of inulin, an FOS (fructooligosaccharide) prebiotic that serves as food for the probiotics
- This effective antibacterial agent contains no lactose but is derived from milk

SUPPLEMENT FACTS	
Serving Size 1 Capsule	
Amount Per Serving	% Daily Value
TZyme® Probiotic Blend (5.1 billion cfu)	225 mg †
<i>Lactobacillus acidophilus</i>	
<i>Lactobacillus plantarum</i>	
<i>Bacillus coagulans</i>	
<i>Bifidobacterium longum</i>	
<i>Lactobacillus salivarius</i>	
<i>Lactobacillus casei</i>	
Inulin (from Jerusalem artichoke root extract)	18 mg †
Lactoferrin (milk)	10 mg †

† Daily Value not established
Other Ingredients: Vegetable Capsule (Hypromellose, Pectin, Water)

Clinical Applications

- Prevention and wellness
- Immune support
- Dysbiosis (absence or imbalance of good bacteria)
- Gas / intestinal bloating
- Inflammatory Bowel
- Constipation
- Frequent antibiotic use
- Weakened immunity
- Diarrhea
- Lactose intolerance
- Histamine intolerance
- Viral / bacterial infection

For Your Information

- May safely be given to children and pregnant or lactating women
- Store in the refrigerator to maintain potency (when traveling, pack only the amount needed; non-refrigeration is acceptable for this short period of time)
- Un-refrigerated probiotics do not go "bad," but they may lose some of their potency over time
- Some forms of FOS may cause gas in some individuals, which is why we use only a small amount of Jerusalem artichoke, a natural whole food form
- Lactoferrin limits the ability of pathogens to thrive, allowing for more good bacteria to populate the microbiome while working synergistically with the probiotics to bolster the innate immune system
- *B. coagulans* (aka *L. sporogenes*) is a gram-positive, spore-forming, lactic acid-producing probiotic
- These six strains were selected based on their synergy, tolerance, and ability to work together to cover the beneficial functions of probiotics—for a maximum strength formula use Probiotic 42.5
- As probiotics are meant to be released over an extended timeframe of 10-12 hours, effective dosing is typically once per day which ensures delivery throughout the entire intestinal tract

Dosage

- Maintenance: 1 capsule upon rising or at bedtime with at least 8 oz. of water (can be opened and mixed with liquid for those who are unable to swallow)
- Therapeutic: 1-2 capsules at bedtime or 1 in the morning and 1 at bedtime
- More may be taken to relieve constipation: 2 capsules 2 x day morning and bedtime
- May be taken with antibiotics to help maintain healthy balance (increase dosage as needed)
- May be taken with meals to relieve gas and bloating
- Topical application: open capsule and mix with small amount of water to make a paste, then apply to fungal infection, fever blister, mouth sore, etc
- 1 capsule may be mixed in 4 ounces of water and gargled to relieve sore throat