

STRESS MANAGEMENT

Occasional acute stress is to be expected and can be effectively handled by the healthy body. However chronic stress that is not dealt with or managed properly can lead to a variety of physical dysfunctions. Many people associate stress as a normal constituent of day-to-day life and are oblivious to the repercussions of triggering a chronic sympathetic nervous response. Compromised digestion and a depressed immune system are two major health risks associated with chronic stress that have a serious impact on overall health and wellness. Chronic stress is often the underlying cause of many of your patient's health challenges.*

- A digestive enzyme formula taken with meals helps support bio-availability of all the nutrients, vitamins, minerals, amino acids and EFA's necessary in the production of hormones and neurotransmitters.*
- A protease formula between meals helps ensure proper blood flow and supports nervous system communication by helping deliver "messengers," control inflammation and remove toxins.*
- A calming formula of nutrients and herbs to support the nervous system and manage uncontrolled cortisol levels brought on by stress.*
- A probiotic supplement further supports digestion and promotes timely elimination while maintaining a healthy gut environment.*

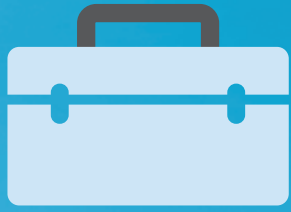
TPP DIGEST	1 cap	with every meal or snack
TPP PROTEASE	2 caps	2 x day between meals
TRANSCENDENCE™ REZEN	2 caps	mid-morning between meals
TPP PROBIOTIC	1 cap	at bedtime

Transformation™ offers several formulas for the "sensitive" patient. If needed, you may substitute:

DIGESTZYME	2 caps	with every meal or snack
PUREZYME	2 caps	2 x day between meals
TRANSCENDENCE™ REZEN	2 caps	mid-morning between meals
PLANTADOPHILUS	3 caps	at bedtime

Questions? 1-800-777-1474
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Enzyme Therapy

STRESS MANAGEMENT

Additional support formulas you may want to consider for patients for Stress Management.

SUPER CELLZYME

2 caps

daily

- Chronic stress can create multiple vitamin and mineral deficiencies. This whole food vitamin and mineral supplement is formulated with enzymes to facilitate the absorption of critical nutrients that are often depleted from chronic stress.*

TPP ADRENAL COMPLEX**

1 cap

2 x day with food

- Chronic stress causes the adrenals to be on alert and overdrive for long periods of time. This unique formula nourishes and supports with specific ingredients to provide the adrenals what they need to respond effectively to today's stressful lifestyles and help fight the negative effects of stress.*

CALMZYME

1 cap

3 x day (or 3 caps at bedtime)

- This herbal formula with enzymes can provide additional support for those with severe anxiety and stress.* It helps to calm the system and slow mental "chatter" and is the perfect natural solution for anxiety, insomnia, and stress disorders.*

MASTERZYME**

1 cap

3 x day with food

- Includes "glandular" therapy to feed and fortify the targeted glands for improved function and health of the endocrine system as a whole*

**Testing or monitoring of hormone levels is advised with glandular / nutritional hormone therapies.

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