

Transformation Enzyme Therapy Center Case Study: Kidney Disease

Chart Review: "R.B."

When this 77-year-old man first came to Transformation he was barely able to walk down the hall and his kidneys were hardly functioning. He wasn't able to do much and felt as though he never had an appetite. He had been hospitalized and the tests that were run on him continued to show poorly functioning kidneys. His appetite continued to decrease and he lost weight.

Initial Visit: October 2005 (77 years old)

Upon coming to Transformation, his chief complaints were shortness of breath, fatigue, poor appetite with weight loss, and severe edema in his lower extremities. Lab work showed creatinine well above 6 mg/dl (BUN was not provided to us).

He asked for an aggressive enzyme protocol and his compliance was very good: 2 TPP Digest with meals; 2 TPP Protease with meals; 2 TPP Protease 3 x day between meals; L-Drain / K-Drain 2 x day; 2 TPP Probiotic at bedtime.

Within three weeks he started feeling better and shortly thereafter his blood work showed that his kidneys were functioning better. Here are his results in just over 7 weeks:

Body Composition Analysis (BCA/BIA)

	10/19/05	12/09/05	
Weight	166	174	8 lbs desired weight gain, appetite improved
Fat	20.6	24.6	Gained 4 lbs fat
Fat Free Mass	145.4	149.4	Gained 4 lbs FFM
% TBW	64.1	63	Gained weight but lost excess fluid
% ICW	53.5	58.8	Fluid moved inside the cell

% ECW	46.5	41.2	Excess fluid outside the cell decreased, ratio improved closer to 3:2 or 60/40, edema was visibly reduced
Phase Angle	4.6	6.1	Improved cellular integrity
Urine PH	5.22	5.22	No change
Creatinine	6.0mg/dl	4.2mg/dl	Improved
Total Cholesterol	134	182*	Better intake and digestion of nutrients
Glucose	92	89*	Maintaining healthy blood

* test date April 2006

He wrote us a letter expressing his gratitude and telling his story. His health and quality of life have been restored...something he didn't know was possible:

“In May 2005 I began getting tired and had no appetite. My primary doctor suggested that a blood evaluation was required. My blood showed that my kidneys were not functioning properly and hospitalization was necessary. In the hospital many tests were conducted. After 8 days I was released. I still did not feel better. Blood work continued showing kidney problems. During the summer I didn't feel better. I had no appetite and I was losing weight.

“In October of 2005 I started on the enzyme program. After three weeks on this program, I started feeling better and my appetite improved. After three weeks my blood work showed that my kidneys were functioning better.

“I have been on the enzyme program for 7 months. It is a miracle that my health has been restored. My quality of life, I owe to enzymes and the professionals at Transformation.”

2009 Update:

He continues to take his enzymes and updates us on his lab work. His latest creatinine and BUN levels in 2009 were 3.12, 3.03, 3.27 mg/dl and 33, 32, 30 mg/dl, respectively. He recently came back to do his BCA, and he looks

great and feels good. His weight is 185 lbs, %TBW is 55.5, %ICW is 57, %ECW is 43 and his phase angle is 5.5. Not bad for 81 years old!

He also shared a few “side effects” of the enzymes – he has not had a headache or a cold in 5 years!

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