# THYROID COMPLEX Glandular and nutritional support for the thyroid

Enzyme-delivered glandulars deliver nutrients, enzymes, co-factors, and proteins to strengthen and tonify specific tissues plus the specific vitamins, minerals, and amino acids necessary for the manufacture or conversion of thyroid hormones.

### **Product Highlights**

- Vitamins and minerals for thyroid hormone synthesis
- Bladderwrack is a natural source of iodine, which the thyroid combines with L-Tyrosine to produce thyroid hormones
- Glandular Therapy nourishes the thyroid, pituitary, and hypothalamus
- Enzymes for enhanced utilization of ingredients

#### SUPPLEMENT FACTS Serving Size 1 Capsule **Amount Per Serving** % Daily Value Vitamin B6 (as pyridoxal-5-phosphate) 5 mg Zinc (as zinc citrate) 10 mg 91% Copper (as copper citrate) 1 mg 111% L-Tyrosine 80 mg Bladderwrack 70 mg Thyroid concentrate 50 mg Anterior Pituitary 25 mg Hypothalamus Bovine 15 mg Tzyme™ Enzyme Blend 50 mg (Protease, Peptidase, Phytase, Glucoamylase, Pectinase,

Other Ingredients: Gelatin Capsule (Gelatin, Water)

alpha-Galactosidase, Cellulase, Hemicellulase)

† Daily Value not established

#### **Clinical Applications**

- Low energy
- Unexplained weight gain
- Hair loss and dry skin
- Thyroid levels in low normal range
- Sensitivity to cold temperatures (cold hands and feet)

In general, herbal formulas are not recommended during pregnancy and lactation or for children 12 years or younger. Each case should be assessed on an individual basis and the practitioner, along with the patient, may use their professional judgment and decide to use it.

# **For Your Information**

- Non vegetarian formula in a gelatin capsule. Glandular ingredients are bovine sourced from Argentina.
- Thyroid hormone is responsible for metabolism, i.e., the conversion of glucose to energy. Every cell depends on this energy for its activities, and therefore every cell is a target for thyroid hormones.
- Without B6, the thyroid cannot utilize iodine efficiently to make hormones. Zinc and trace elements such as copper are required for synthesis of T3 and T4, and deficiency of these can result in hypothyroidism.
- Excess iodine can have negative effects on thyroid function and is contraindicated in certain forms of hypothyroidism such as Hashimoto's. A small amount of bladderwrack is in this formula to allow for safe consumption for all hypothyroid while still supporting thyroid production.

## Dosage

- Maintenance: 1 capsule daily with food
- Therapeutic: 1 capsule 2 x day with food
- Severe hypothyroid: 2 capsules 3 x day with food
- Do not take at bedtime, as it may hinder sleep
- May be taken with prescription thyroid medications (monitor hormone levels closely)

▲WARNING: Lead - Cancer and Reproductive Harm - www.P65Warnings.ca.gov

This product has been identified as containing naturally-occurring lead that exceeds California Proposition 65 lead levels when dosing more than two capsules per day.

