



## WEIGHT LOSS

People often crave those foods which they cannot digest. The more they succumb to their cravings and indulge in their comfort foods, the more they create an imbalance in their health. If weight loss is desired, healthy portions and controlled calorie intake will be necessary. The following products can also be taken for digestive support, assistance with food cravings, proper elimination, and management of blood sugar fluctuations.\*

Genetics, stressful lifestyles, poor diet, processed foods, prescription drugs, and the environment all influence digestion on a daily basis. Mal-digestion can lead to many health concerns. When foods are not broken down properly they become toxins in the body. Carbohydrates ferment, proteins putrefy, and fats turn rancid, all leading to the digestive discomforts and various imbalances you see in your patients.

The intent of this protocol is to provide nutritional support to help bring your patient into balance. The goal of enzyme therapy is to promote optimal cellular function and repair; optimal circulation and immune function; and a healthy gut environment.\*

- A digestive formula with meals will help minimize digestive discomfort and improve nutrient absorption.\*
- Additional herbs and nutrients have been shown to support a healthy weight loss program.\*
- Proteolytic enzymes between meals will help improve circulation and nutrient delivery as well as provide immune modulation and reduced inflammation.\*
- Probiotics help ensure a healthy GI environment and assist in the timely removal of waste.\*

---

TPP DIGEST	1 caps	with every meal or snack
BALANCEZYME PLUS	2 caps	30 minutes before meals
TPP PROTEASE	2 caps	3 x day between meals
TPP PROBIOTIC	1 cap	at bedtime
OR TPP PROBIOTIC 42.5	1 cap	at bedtime

---

Questions? 1-800-777-1474  
email [moreinfo@tecenzymes.com](mailto:moreinfo@tecenzymes.com)  
[www.transformationenzymes.com](http://www.transformationenzymes.com)





## WEIGHT LOSS

Additional support formulas you may want to consider for patients for Weight Loss. Dosages are based on therapeutic recommendations and may be decreased for maintenance protocols. We suggest starting with the minimum dosage, then more may be taken based on individual needs. Following a balanced diet and exercise plan is also recommended.

---

TPP LYPO 1 cap with, after, or between meals

- Proper breakdown and digestion of fat is important in any weight loss program for extended satiety. This formula contains a balanced blend of enzymes and herbs that facilitates the appropriate digestion of fats, balances the blood sugar to keep you fuller longer, and assists with cravings between meals.\*

TRANSCENDENCE™ REZEN 2 caps 1-2 x day between meals

- Even if you usually eat well and exercise, chronic high stress can prevent you from losing weight. Stress spikes cortisol, and when left untreated, can result in excess weight gain and an inability to lose weight. This formula has a calming effect and helps to support healthy cortisol levels to assist the body in managing overt reactions to stress.\*

CALMZyme 1 cap 3 x day (or 3 caps at bedtime)

- Sleep is like nutrition for the brain, and insufficient sleep impacts hunger and satiety hormones. The average person does not get enough sleep, which can sabotage even the best weight loss plan. This formula is an herbal enzyme blend that feeds and fortifies the nervous system and helps to calm the system and slow mental chatter. This is the perfect natural solution for those suffering from insomnia or who have trouble falling asleep at night.\*

MASTERZYME\*\* 1 cap 1-2 x day

- This nutritional support formula supports hormonal balance and a healthy reproductive system.\*

\*\*Testing or monitoring of hormone levels is advised with glandular / nutritional hormone therapies.

---

Questions? 1-800-777-1474  
email [moreinfo@tecenzymes.com](mailto:moreinfo@tecenzymes.com)  
[www.transformationenzymes.com](http://www.transformationenzymes.com)

