# Wholefood Vitamin Formulas

# Notes on usage

# How do Wholefood Vitamin Formulas impact overall health?

This category of formulas was designed to provide the building blocks and necessary components for complete cellular and tissue repair and regeneration to promote the health and integrity of the cell. This formula contains an Enzyme Delivery System (EDS) of GI tract stable and functional proteases, lipases, and various carbohydrases to enhance absorption and utilization of the nutrients, herbs, vitamins, minerals, and antioxidants in the formula. This unique delivery system has been designed to provide safe, efficient, and effective therapy for you and your patients. Large "mega" doses of any one ingredient are not necessary when an EDS is included. This minimizes the risk of toxicity and promotes the philosophy of supporting the body to manage its resources and not overload the system.

### **General Indications**

- Poor diet / limited diet
- pH imbalance
- Mal-nutrition
- Conditions that demand greater nutrition
- Oxidative stress
- Prevention, wellness, anti-aging
- Cardiovascular health (high cholesterol, hypertension, inflammation)
- Auto-immune disorders

- Acute inflammatory support (injuries, gout, muscle fatigue and recovery)
- Chronic inflammatory support (arthritis, fibromyalgia, body aches and pains)
- Compromised immune system
- Taken together with Protease IFC, they work synergistically for repair of the bodily systems

## **General Information**

- Small dose formula with Enzyme Delivery System to avoid excessive consumption
- All natural where possible
- The antioxidants and systemic enzymes in these unique products are known for their anti-inflammatory properties and ability to reduce fibrin in the blood stream.

# Dosing

- In general, herbs are not recommended during pregnancy/lactation or for children 12 years or younger. However, each case should be assessed on an individual basis and the practitioner, along with the patient, may use their professional judgment and decide to use the formulas.
- The recommended usage listed on the bottles is maintenance dosage. For therapeutic dosage, more may be taken based on need.

# SUPER CELLZYME

Transformation's all natural whole food supplement

This whole food vitamin and mineral supplement blends various vegetables and botanicals for an extra source of real whole food nutrition with enzymes to facilitate the absorption of these nutrients.

# **Product Highlights**

- Food source vitamins and minerals, not a "mega dose"
- Wheat germ is one of the most nutrient-dense food sources available\*\*
- Enzymes for enhanced utilization of ingredients

#### For Your Information

 This is a "whole food" product where the food sources contain various vitamin and mineral

#### **SUPPLEMENT FACTS** Serving Size 2 Capsules **Amount Per Serving** % Daily Value 200 mg Broccoli (head) 200 mg Carrot (root) Spinach (leaf) 200 mg Organic Barley (grass) 100 mg Garlic (bulb) 100 mg Cayenne (fruit) 100 mg Rose Hips (fruit) powder 100 mg Acerola (fruit) extract 100 mg Wheat Germ 60 mg Aphanizomenon flos-aquae 40 mg Chlorella (cracked cell wall) powder 40 mg Kelp 40 mg TZyme<sup>®</sup> Enzyme Blend 38 mg Protease, Beta-glucanase, Amylase, Cellulase, Glucoamylase, Pectinase, Phytase, Lipase, Hemicellulase Flax Seed 20 mg

Other Ingredients: Hypromellose (Capsule), Rice Flour

## **Clinical Applications**

- Poor diet, limited diet
- Malnutrition
- Low energy
- Stressful lifestyle
- \*\*Wheat germ contains 23 nutrients, with more nutrients per ounce than any other vegetable or grain. It is very high in protein and contains more potassium and iron than any other food source. Also found in great quantities are riboflavin, calcium, zinc, magnesium, and vitamins A, B1, B3, and B12, which are very important to maintaining energy levels and healthy muscles, organs, hair, and skin.

complexes within themselves, and there is no way to determine exact milligram amounts of each. If specific nutrient needs are known, then a product that provides those specific nutrients should be used. However, whole foods are believed to be a much better source of nutrients than synthetic forms of vitamins and minerals, which means that the benefits you are hoping to experience may be maximized when you choose a vitamin with whole food ingredients.

• Wheat "germ" does not have to do with bacteria, but refers to the complex process of germination that forms the wheat grass. The germ itself does not contain gliadin, the harmful protein linked to gluten intolerance.

† Daily Value not established

# Dosage

- Maintenance: 3 capsules once daily with at least 8 oz. of water
- Therapeutic: 6 capsules daily
- It makes no difference whether taken with or between meals

▲WARNING: Lead - Cancer and Reproductive Harm - www.P65Warnings.ca.gov

This product has been identified as containing naturally-occurring lead that exceeds California Proposition 65 lead levels when dosing more than one capsule per day.

