

# *Enhancing Practice Management* and Simplifying Your Practice

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Transformation Enzyme Corporation



**7 SIGNS OF A SOUND GUT**  
Saturday, April 12 • Austin, TX



## Top Problems with Holistic Health Care and their Solutions

- Incomplete results because a patient does not understand the actions required on a treatment program.
- A decline in health after a good initial response (Herx) without having a plan in place to guide them through it.
- Incomplete results because patient stays in state of anxiety about their symptoms and emails or calls the office daily.
- Incomplete results due to patients feeling overwhelmed with restrictive diet and long list of supplements, so they fall off.
- Poor or no results because patient cannot afford to begin or stay on protocol.
- Balancing client appointments, administrative work, and personal life can be difficult. Many practitioners struggle with time management, which can lead to burnout and reduced quality of care.



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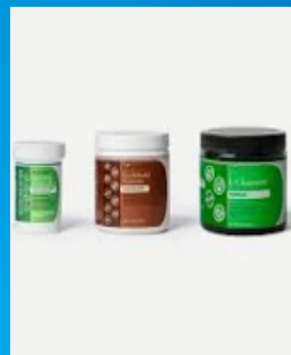
# How The Thrive in 63 Program Compares...



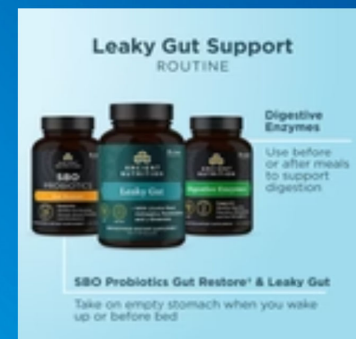
Microbiome Labs \$350



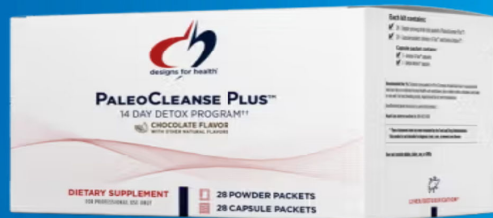
Amy Meyers \$325



Dr. Ruscio \$163



Ancient Nutrition \$105



DFH \$220 (14 DAYS)



Xymogen \$178 (6 days)



Metagenics \$365



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"Remove, Repair, Restore"

# Thrive<sup>in</sup>63

by TRANSFORMATION™

A Program Designed To  
**Restore Health  
From The Inside Out**

Meal Plans • Daily Menus  
Food Journal • Shopping List  
Supplements



**Thrive In 63** is a simplified  
63-day program broken down  
into 3 phases of 21-day increments:

## PHASE 1



*Phase 1 includes pill box and Thrive in 63 bracelet*

## PHASE 2



## PHASE 3



*This program improves practitioner efficiency  
with detailed meal plans and shopping lists,  
supplement guide, and a food diary for your  
patients to be accountable and learn how to  
take nutrition into their own hands.*

# ALL-IN-ONE PROGRAM!!!

**PHASE 1**  
**\$140 WHOLESALE**  
**\$280 RETAIL**

**PHASE 2 & 3**  
**\$130 WHOLESALE**  
**\$260 RETAIL**

## OTHER BENEFITS

Practitioner training guide

Facebook support group

Faster results

Lifestyle change vs quick fix  
Affordable and simplified protocol  
resulting in better compliance and  
clinical outcomes



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# Thrive in 63: Your Solution to Working Smarter Not Harder

- Program provides 9 weeks of:
  - meal plans
  - recipes
  - shopping lists
  - food journals
  - supplements & protocol

### Week 1 Grocery List

**Fruit**

- 1 bag frozen raspberries
- 2 bananas
- 2 small green apples (for snack)
- 1 pkg dried cranberries
- 4 avocados
- 1 pkg berries of choice
- 2 lemons
- 1 lime

**Vegetables**

- 1 bunch large ripe plantains
- 2 bulbs garlic
- 3 onions
- 1 bunch asparagus
- 6 cups spring salad mix / lettuce

**Protein**

- 2 pork chops
- 1 carton eggs
- ½ lb turkey sausage (it's okay if you have extra)
- 24 oz. fish (cod, flounder, salmon, tilapia)
- 3 chicken breasts

**Healthy Fats**

- Coconut oil
- Avocado oil
- Grass fed butter (Kerrygold®)
- Balsamic vinegar
- Can of mixed nuts (preferably unsalted)
- Small bag of pistachios
- Small bag walnuts

**Other**

- 1 pack of raw nuts
- 1 pack of almond milk
- 1 pack of sonings
- 1 pack of it

### Food Journal (Day 1)

(1 = not hungry, 5 = very hungry)

**Breakfast**

☐ 3 DigestZyme + 1 PureZyme

☐ 3 GastroZyme

**Lunch**

☐ 3 DigestZyme + 1 PureZyme

☐ 3 GastroZyme

**Snack**

☐ 2 DigestZyme

**Dinner**

☐ 3 DigestZyme + 1 PureZyme

☐ 3 GastroZyme

**Bedtime**

☐ 3 Plantadophilus + 3 PureZyme

Hunger Scale: 1 2 3 4 5

How do you feel? ☐ ☐ ☐ ☐ ☐

Notes/Comments:

Supplements

☐ 3 DigestZyme + 1 PureZyme before meal

☐ 3 GastroZyme following meal

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### SNACKS

**Guacamole**

Prep time: 10 min  
Cook time: n/a  
Serves: 1-2

- 1 ripe avocado
- ¼ cup diced tomato
- ¼ cup diced onion
- ¼ cup chopped cilantro
- ½ fresh lime (juice)
- Salt, pepper, garlic

Mash the avocado and combine with all ingredients, mix well.

**Kale Chips**

Prep time: 5 min  
Cook time: 15 min  
Serves: 2-3

- 1 bunch of kale, washed and dried
- 2 tbsp organic olive oil
- Organic sea salt to taste

**Romesco Dip**

Prep time: 15 min  
Cook time: 15 min  
Serves: 10

- 1 cup blanched, toasted almonds
- 2 cloves garlic
- ¼ tsp smoked paprika
- ¼ tsp cayenne pepper (optional)
- 1 cup roasted red bell peppers, patted dry
- ¼ cup green pitted olives, drained
- 2 tbsp fresh lemon juice
- 2 tsp red wine vinegar
- 5 tbsp olive oil
- Salt and pepper to taste

In a food processor, combine almonds, garlic, paprika and cayenne; pulse until coarsely chopped, about 15-20 times.

Add roasted bell peppers, olives, lemon juice and vinegar.

While machine is still running, add the olive oil in a thin stream through the feed tube and

### Food Journal (Day 2)

(1 = not hungry, 5 = very hungry)

**Breakfast**

☐ 3 DigestZyme + 1 PureZyme

☐ 3 GastroZyme

**Lunch**

☐ 3 DigestZyme + 1 PureZyme

☐ 3 GastroZyme

**Snack**

☐ 2 DigestZyme

**Dinner**

☐ 3 DigestZyme + 1 PureZyme

☐ 3 GastroZyme

**Bedtime**

☐ 3 Plantadophilus + 3 PureZyme

Hunger Scale: 1 2 3 4 5

How do you feel? ☐ ☐ ☐ ☐ ☐

Notes/Comments:

Supplements

☐ 3 DigestZyme + 1 PureZyme before meal

☐ 3 GastroZyme following meal

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### Day 1

**Breakfast**

Raspberry Mint Smoothie

**Lunch**

3-6 oz. Pork Chops  
3 cups Mashed Taro with Walnuts  
1-2 cups Sautéed Spinach

**Snack**

Herbal Tea

**Dinner**

Nutty Mixed Up Salad with Chicken

**Bedtime**

3 Plantadophilus + 3 PureZyme at bedtime

### Day 2

**Breakfast**

2-4 Egg Muffins  
2 tbsp Avocado  
¼ cup Mixed Berries

**Lunch**

3-6 oz. Pistachio Crusted Fish  
5-8 pieces Oven Roasted Asparagus  
1-2 cups Sautéed Spinach

**Snack**

Small Packet of Mixed Nuts

**Dinner**

1½ cups Mexican Chicken Soup  
Guacamole  
15-20 Zucchini Slices

**Bedtime**

3 Plantadophilus + 3 PureZyme at bedtime

### Day 3

**Breakfast**

Kale Shake with Coconut Milk

**Lunch**

Nutty Mixed Up Salad with Chicken

**Snack**

Small Packet of Mixed Nuts

**Dinner**

3-6 oz. Pork Chops  
½ cup Mashed Taro with Walnuts  
1-2 cups Sautéed Spinach

**Bedtime**

3 Plantadophilus + 3 PureZyme at bedtime

### Day 4

**Breakfast**

2-4 Egg Muffins  
2 tbsp Avocado  
¼ cup Mixed Berries

**Lunch**

1½ cups Mexican Chicken Soup  
Guacamole  
15-20 Zucchini Slices

**Snack**

Apple with 2 tbsp Almond Butter

**Dinner**

3-6 oz. Pistachio Crusted Fish  
5-8 pieces Oven Roasted Asparagus  
1 cup Sautéed Sliced Plantains

**Bedtime**

3 Plantadophilus + 3 PureZyme at bedtime

### Day 5

**Breakfast**

Raspberry Mint Smoothie

**Lunch**

3-6 oz. Pork Chops  
3 cups Mashed Taro with Walnuts  
1-2 cups Sautéed Spinach

**Snack**

Carrot Sticks with Guacamole

**Dinner**

Nutty Mixed Up Salad with Chicken

**Bedtime**

3 Plantadophilus + 3 PureZyme at bedtime

### Day 6

**Breakfast**

Kale Shake with Coconut Milk

**Lunch**

3-6 oz. Pistachio Crusted Fish  
5-8 pieces Oven Roasted Asparagus  
1 cup Sautéed Sliced Plantains

**Snack**

Thunderbird® Real Food Bar

**Dinner**

1½ cups Mexican Chicken Soup  
Guacamole  
15-20 Zucchini Slices

**Bedtime**

3 Plantadophilus + 3 PureZyme at bedtime

### Day 7

**Breakfast**

Your Choice (must meet THRIVE guidelines)

**Lunch**

Your Choice (must meet THRIVE guidelines)

**Snack**

Your Choice (must meet THRIVE guidelines)

**Dinner**

Your Choice (must meet THRIVE guidelines)

**Bedtime**

3 Plantadophilus + 3 PureZyme at bedtime

Thrive in 63: Week One



## How do you reverse it?

**That is the good news – gut dysfunction can be corrected and thus many if not all of the signs and symptoms can be improved or eliminated.**

Removing the offending agents is the first priority, which involves changing and adhering to a clean, nutrient-dense, regenerative diet. The second step is supporting the digestive process and replacing the beneficial bacteria. You must ensure optimal and complete digestion or even the healthiest of foods will continue to cause problems. This second step of supporting the digestive process is key to addressing the gut dysfunction fast and effectively.

**“The Time to Change is Now”**



**This program will provide you with a 21-day meal plan, food lists, recipes and a food and supplement journal.** The meal plan can be followed exactly, but does not have to be. You may swap out any food item for another food item in the same category. If the recipe is too complicated, simply cook the food item in your favorite way.

**Recipes include:** Smoothies, Eggs, Entrées, Salads/Vegetables, Soups and Snacks

Ask your practitioner today about the *Thrive in 63* program and how you can benefit from it.

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# THRIVE IN 63 PROFITABILITY MODEL

Clinic days/month 20  
 Number of Patients 4  
 Avg. Price per kit \$ 266.67  
 Attrition rate per month 25%

| Month             | Patients     |              |              |              |               |               |               |               |               |               |               |               |    |
|-------------------|--------------|--------------|--------------|--------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|----|
| 1                 | 80           | 60           | 40           | 20           | 20            | 20            | 20            | 20            | 20            | 20            | 20            | 20            | 20 |
| 2                 |              | 80           | 60           | 40           | 20            | 20            | 20            | 20            | 20            | 20            | 20            | 20            | 20 |
| 3                 |              |              | 80           | 60           | 40            | 20            | 20            | 20            | 20            | 20            | 20            | 20            | 20 |
| 4                 |              |              |              | 80           | 60            | 40            | 20            | 20            | 20            | 20            | 20            | 20            | 20 |
| 5                 |              |              |              |              | 80            | 60            | 40            | 20            | 20            | 20            | 20            | 20            | 20 |
| 6                 |              |              |              |              |               | 80            | 60            | 40            | 20            | 20            | 20            | 20            | 20 |
| 7                 |              |              |              |              |               |               | 80            | 60            | 40            | 20            | 20            | 20            | 20 |
| 8                 |              |              |              |              |               |               |               | 80            | 60            | 40            | 20            | 20            | 20 |
| 9                 |              |              |              |              |               |               |               |               | 80            | 60            | 40            | 20            | 20 |
| 10                |              |              |              |              |               |               |               |               |               | 80            | 60            | 40            | 20 |
| 11                |              |              |              |              |               |               |               |               |               |               | 80            | 60            | 40 |
| 12                |              |              |              |              |               |               |               |               |               |               |               | 80            | 80 |
| Total             | 80           | 140          | 180          | 200          | 220           | 240           | 260           | 280           | 300           | 320           | 340           | 360           |    |
| Revenue           | \$ 21,333.33 | \$ 37,333.33 | \$ 48,000.00 | \$ 53,333.33 | \$ 58,666.67  | \$ 64,000.00  | \$ 69,333.33  | \$ 74,666.67  | \$ 80,000.00  | \$ 85,333.33  | \$ 90,666.67  | \$ 96,000.00  |    |
| Cost of Goods     | \$ 10,666.67 | \$ 18,666.67 | \$ 24,000.00 | \$ 26,666.67 | \$ 29,333.33  | \$ 32,000.00  | \$ 34,666.67  | \$ 37,333.33  | \$ 40,000.00  | \$ 42,666.67  | \$ 45,333.33  | \$ 48,000.00  |    |
| Net profit        | \$ 10,666.67 | \$ 18,666.67 | \$ 24,000.00 | \$ 26,666.67 | \$ 29,333.33  | \$ 32,000.00  | \$ 34,666.67  | \$ 37,333.33  | \$ 40,000.00  | \$ 42,666.67  | \$ 45,333.33  | \$ 48,000.00  |    |
| Aggregate Profits | \$ 10,666.67 | \$ 29,333.33 | \$ 53,333.33 | \$ 80,000.00 | \$ 109,333.33 | \$ 141,333.33 | \$ 176,000.00 | \$ 213,333.33 | \$ 253,333.33 | \$ 296,000.00 | \$ 341,333.33 | \$ 389,333.33 |    |



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# Practitioner Testimonies

- *Dr. Polly*
- *Dr. Stanley*
- *Dr. Andrew*
- *Dr. Bastidas*



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# WHY TRANSFORMATION® ENZYMES

- Founded, owned, and operated by clinicians
- Established in 1991 by Dr. DicQie Fuller, a pioneer in enzyme therapy
- Specializing in development of high-quality digestive enzyme, systemic enzyme, probiotic, and enzyme-delivered nutritional support products
- Clinical applications with educational resources and proven protocols
- Accessible technical support, clinical services, customer service
- Meet and exceed industry quality control guidelines



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# THE TRANSFORMATION® DIFFERENCE

- No fillers, additives, or unnecessary ingredients
- Enzymes for enhanced utilization of ingredients
- Designed for those with allergens and sensitivities
- Vegetarian products plus herbs, glandular formulas, and EFAs
- Product training for proper application of products and advanced clinical support from our education team
- Proven protocols to SIMPLIFY your practice
- 30 DAY MONEY BACK GUARANTEE



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# MORE THAN AN ENZYME COMPANY

## **Adrenal & Thyroid**

Adrenal Complex  
Thyroid Complex

## **Blood Sugar**

BalanceZyme Plus

## **Cardiovascular**

Lypo

## **Constipation**

ReleaseZyme

## **Detoxification**

L-Drain  
Liver Support

## **Digestive Support**

Digest  
DigestZyme

## **Children's Digestives**

Kidz Digest Chewable  
Kidz Digest Powder

## **Gluten Digestion**

Carbo-G

## **Fat Digestion**

LypoZyme

## **EFA's**

Essential Fatty Acids

## **GI Support**

Gastro  
GastroZyme

## **Hormones**

MasterZyme

## **Immune System**

Immune AV

## **Inflammation Modulation**

Protease  
Protease 375K  
Protease IFC  
PureZyme

## **Joint Support**

Joint Health

## **Probiotics**

Plantadophilus  
Probiotic  
Probiotic 42.5  
Transbiotic™

## **Relaxation & Sleep**

CalmZyme

## **Stress & Cortisol**

ReZEN

## **Tissue & Skin**

RepairZyme

## **Wholefood Vitamin**

Super CellZyme



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# CUSTOMER FOCUSED SUPPORT

## CLINICAL ALIGNMENT

Here at Transformation™ we do things a little differently. We believe mutual success can only be achieved when we understand the needs of your practice and/or business. A Practice Advisor will be assigned to assist you in meeting your goals and business objectives and to evaluate our effectiveness in supporting you.

We have also found each individual practice to be unique in their needs for education and/or training. We highly recommended a Clinical Alignment with our Manager of Clinical Services so we can customize your training and clinical support needs.



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## CLINICAL RESEARCH

Transformation™ believes that researching nutritional science and formulating enzyme supplements go hand in hand to meet the needs of health care professionals in their search for the highest quality products, education, and support. We actively maintain a research clinic to test and evaluate our enzyme nutrition protocols and wellness programs.

### Research Papers



### Science Briefs



### Clinical Observations



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# EDUCATIONAL RESOURCES & SUPPORT MATERIALS



## TECSEMINARS.COM

- 2025 Workshop Series
- Biochemical Individualism Online Training
- Advanced Enzyme Certification Course

## MyClinicianToolbox.com

- Research & Education library covering health topics from various modalities
- Check out webinars, case studies, protocols, product reference guide, and more!

## Updates, Consultations, Speaking & Education Opportunities

- Schedule time with Amy!
- Email [clinic@tecenzymes.com](mailto:clinic@tecenzymes.com)



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# HOW TO WORK WITH TRANSFORMATION<sup>®</sup>

- **Ordering Made Easy!**

- Set up a practitioner account online or call toll free 1-800-777-1474
- Mon-Fri from 8:30am–5:30pm CST with 24/7 online ordering at [www.transformationenzymes.com](http://www.transformationenzymes.com).

- **Fast & Reliable Delivery**

- Same day shipping. Air freight services are available for an additional charge.

- **Volume Discounts**

- Deeper discounts when ordering by the case, or twelve bottles or more of any product.

- **Convenience Program**

- Prefer not to stock products at the office? We can ship products directly to your clients home or office each month.

- **On-Demand Fulfillment**

- This “pharmacy style” system makes it easy for your patients to call or order online.

- **Dropship**

- Tell us where and when – We will do the rest!



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# HOW TO WORK WITH TRANSFORMATION<sup>®</sup>

## **Affiliates**

- Do you have an active following on social media? Earn commissions by promoting a coupon code to the patients, end users, and casual practitioners in your networks! Email [affiliate@tecenzymes.com](mailto:affiliate@tecenzymes.com).

## **Ambassadors**

- Brand Ambassadors are a contact point who refer remarketers, serious practitioners, and distributors to us. Email [moreinfo@tecenzymes.com](mailto:moreinfo@tecenzymes.com).

## **Strategic Partners**

- This network includes functional testing, educational platforms, and business owners in related fields. Email [moreinfo@tecenzymes.com](mailto:moreinfo@tecenzymes.com).

## **Private Label**

- Build and control your personal brand. With low minimum orders, volume purchasing options, and no-cost design support, getting started is easier than you might think. Email [privatelabel@tecenzymes.com](mailto:privatelabel@tecenzymes.com).

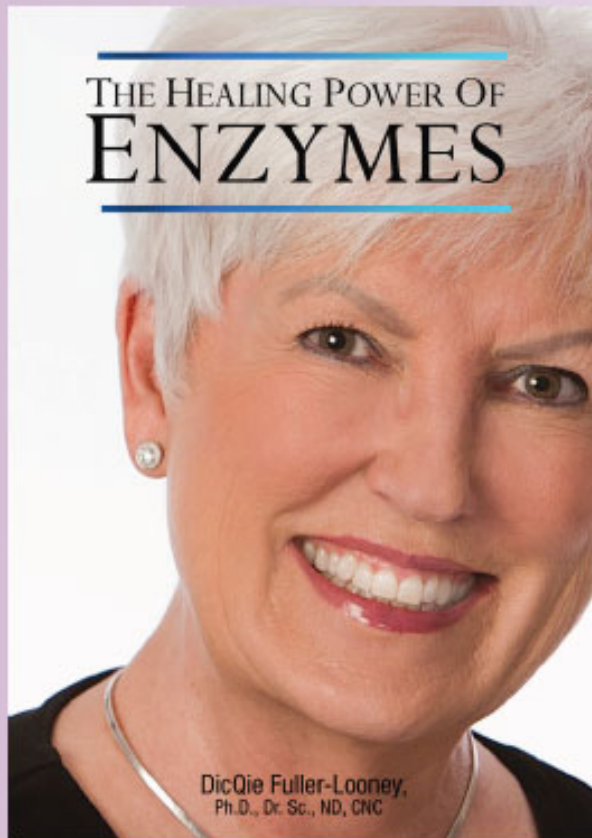


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## THE HEALING POWER OF ENZYMES



DicQie Fuller-Loooney,  
Ph.D., Dr. Sc., ND, CNC

*I personally believe good health is not an unobtainable privilege meant to be savored only by the fortunate, but rather it is a right that should be enjoyed by anyone who is willing to take the time to learn how to take care of his or her own body. I have dedicated myself to the idea that everyone is entitled to the healthiest and vital lifestyle they are capable of obtaining. In 1991 when I founded Transformation Enzyme Corporation, I formulated my own line of enzyme-based dietary supplements. I wanted to be sure I could provide the highest quality possible in supplementation for my family, friends, and colleagues. Today, Transformation™ continues to set the standard for enzyme therapy and of what wellness should look like.*

*Yours in Health,*

*Dr. DicQie Fuller*



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# WORKSHOP EVENT SPECIAL

10% off Wholesale price and Free Shipping  
on your order



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